Dallas Area
Guide to Emergency Assistance

2018 Edition

NDSM: an interfaith community of volunteers providing charitable assistance to persons in need.

North Dallas Shared Ministries. Inc.
2875 Merrell Road, Dallas, TX 75229
Phone: 214-358-8700 ● Fax: 214-358-8797

www.ndsm.org
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Requests for reprints may be addressed to:
North Dallas Shared Ministries
2875 Merrell Rd.
Dallas, TX 75229
Dedication

This Guide is dedicated to the more than one million people that North Dallas Shared Ministries has been blessed to help over the last 34 years, to all the volunteers, donors and supporters who have made this possible, to all who are helping us to meet the needs of our community today and to those who will carry this mission forward.
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Dear Friends:

The *Dallas Area Guide to Emergency Assistance* is compiled to assist caseworkers, volunteers, clergy, and other staff people to locate appropriate resources for their clients. It attempts to clarify the availability and limitations of community resources. The *Guide* is not intended for clients or patients.

North Dallas Shared Ministries’ mission is based on three principles:

- To provide charitable assistance to persons in need
- To promote a sense of self-respect and responsibility
- To work with other organizations to respond to conditions of human need

Since its founding in 1983, NDSM has emphasized communication and cooperation with its member congregations and area agencies to see that the most effective and appropriate assistance is provided to those in need. Publication of this bi-annual Guide is intended to foster cooperation by listing private and public entities that provide food, financial assistance, clothing, and medical care as well as those that address longer-term needs.

In his book *The Working Poor*, David Shipler wrote, “Each person’s life is the mixed product of bad choices and bad fortune, of roads not taken and roads cut off by the accident of birth or circumstance. It is difficult to find someone whose poverty is not somehow related to his or her unwise behavior…And it is difficult to find behavior that is not somehow related to the inherited conditions of being poorly parented, poorly educated, poorly housed.”

We have all chosen to aid those Shipler describes. It is our responsibility, our challenge, our reward. This *Guide* is a tool to help all of us to work together, leveraging the strengths we bring to the fight.

NDSM distributes *The NDSM Dallas Area Guide to Emergency Assistance* at no cost to over 300 congregations, social service agencies, hospitals, law enforcement agencies, and other public and private entities. We hope that you find it a useful and valuable resource.

Best wishes for continued success,

Judy Rorrie
Executive Director
HOW TO USE THIS GUIDE

The *Dallas Area Guide to Emergency Assistance* is intended to highlight those agencies that provide emergency services including food, meals, housing, clothing, financial assistance, and medical/dental support. In almost all cases, the zip code where the client lives determines if a particular agency is appropriate. Since the mission, focus, and area-served for each agency varies widely, a review of the services, hours of operation, and other special requirements for an agency should be reviewed before referring a client for help.

The Guide is organized as follows:

- Listing of agencies that serve ALL of Dallas County (these are not listed in the zip code specific section)
- Listing of agencies that serve ALL of the City of Dallas (these are not listed in the zip code specific section)
- Listing of Dallas Zip Codes and the specific agencies that serve each zip code
- Listing of Suburban areas and the known agencies that serve them
- Condensed listing of agencies providing other help such as medical and dental clinics, transitional housing, shelters, recovery programs, public programs, food programs and employment resources
- Detailed descriptions of each agency, its hours of operation, specific requirements and other information
## INDEX OF AGENCY DESCRIPTIONS

AIDS Services of Dallas  
Austin Street Centre  
Baptist Benevolent Ministries of Irving  
The Bridge  
Brighter Tomorrows  
Brother Bill’s Helping Hands  
Buckner Center for Humanitarian Aid Crisis Relief Center  
Care Center Ministries  
Catholic Charities – Financial Stability & Career Services  
Catholic Charities – Immigration & Legal Services  
Catholic Charities – Refugee Programs  
Christian Community Action  
CitySquare  
Community Breadbasket  
Crossroads Community Services  
Dallas Bethlehem Center  
Dallas County Welfare (Dept of Health & Human Services)  
Dallas Life  
Duncanville Outreach Ministry  
Exodus Ministries  
Family Gateway  
The Family Place  
First Baptist Carrollton Friendship House  
Friends of the Family  
Frisco Family Services  
Genesis Women’s Shelter  
Good Samaritans of Garland  
Good Shepherd Lutheran Church Food Pantry  
Grace Place Church of Christ Food Pantry  
Grand Prairie Food and Clothing Assistance Co-Op  
Grand Prairie United Charities  
Healing Hands Ministries  
Highland Oaks Church of Christ - Caring and Sharing  
Holy Cross Catholic Church Special Fund  
Holy Trinity Center  
Hope's Door New Beginning Centers  
Housing Crisis Center  
Human Rights Initiative of North Texas  
Interfaith Family Services  
Irving Cares  
Jewish Family Services of Greater Dallas  
The Magdalen House  
Martin Luther King, Jr. Community Center  
Meals on Wheels (Visiting Nurses Association)  
Mesquite Church of Christ Food Pantry  
Mesquite Social Services
Metrocare Services
Metrocrest Services
Mission Oak Cliff
Mosaic Family Services
Mt. Olive Lutheran Church Food Pantry
Mt. Tabor Baptist Church
Newman Park Christian Center Food Pantry
Network of Community Ministries (Richardson Network)
Nexus Recovery Center
North Dallas Shared Ministries
Our Daily Bread
Our Friends Place
Pathway of Life Church Metrobless Food Pantry
Pilgrim Rest Baptist Church Crisis Ministry
Promise House
Reconciliation Outreach
Resource Center of Dallas
Richardson East Care Corps
Salvation Army Carr P. Collins Social Service Center
Salvation Army Garland
Salvation Army Irving
Salvation Army Lewisville
Salvation Army Plano Service Center
Salvation Army Oak Cliff
The Samaritan Inn
Senior Source
Shared Housing Center
Sharing Life Community
Stewpot of First Presbyterian Church
The Turn●Around Agenda Outreach Center (TTA)
Union Gospel Mission (Men)
Union Gospel Mission Center of Hope (Women)
Urban Inter-Tribal Center of Texas
Victim Relief Ministries
Victory Meadow Neighborhood Alliance Food Pantry
Voice of Hope
West Dallas Multipurpose Center
White Rock Center of Hope
The Wilkinson Center
EMERGENCY AID CENTERS
F – Food; C – Clothing; R – Rent; U – Utilities
E – Educational Programs; M – Medical or Dental; EOS- Emergency Overnight Shelter;
DVS-Domestic Violence Shelter; HP-Housing Program; SAP Substance Abuse Program;
ILS - Immigration & Legal Services; RS – Refugee Services

AGENCIES SERVING ALL OF DALLAS COUNTY

F, M, EOS AIDS Services of Dallas T. 214.941.0523
PO Box 4338, Dallas, TX 75208-0338 F. 214.941.8144

F, M, EOS The Bridge T. 214.670.1100
1818 Corsicana St., Dallas, TX 75201

F, EOS, C, M, SAP Austin Street Centre T. 214.428.4242
2929 Hickory St., Dallas, TX 75226 F. 214.428.8158

DVS, E Brighter Tomorrows T. 972.254.4003
928 Bluebird Dr., Irving, TX 75061 24-hr 972.262.8383

F Catholic Charities T. 214.526.2772
9461 LBJ Frwy, Ste 128, Dallas, TX 75243 F. 214.520.6595

ILS Catholic Charities T. 214.634.7182
9461 LBJ Frwy, Ste 128, Dallas, TX 75243

F, M, E, C, HP CitySquare T. 214.823.8710
511 N. Akard St, Dallas, TX 75201 F. 214.824.5355

F, R, U, HP Dallas County Dept of Health & Human Services T. 214.819.1800
2377 N. Stemmons Fwy. # 201, Dallas, TX 75207 F. 214.819.1810

F, C, EOS, M Dallas Life T. 214.421.1380
1100 Cadiz St., Dallas, TX 75215 F. 214.426.5144

EOS Family Gateway T. 214.823.4500
711 S St. Paul St., Dallas, TX 75201 F. 214.884.3110

DVS The Family Place T. 214.559.2170
PO Box 7999, Dallas, TX 75209 24-hr 214.941.1991

DVS Friends of the Family T. 940.387.5131
PO Box 640, Dallas, TX 76202-0640 24-hr 940.382.7273
or 800.572.4031

F. 940.383.1816
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<th>Acronym</th>
<th>Organization Name</th>
<th>Address Details</th>
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<td>DVS</td>
<td>Genesis Women’s Shelter</td>
<td>T. 214.946.4357, F. 214.559.2361</td>
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<tr>
<td></td>
<td></td>
<td>600 Greenville Ave., Ste. N-108, Dallas, TX 75243</td>
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<tr>
<td>M</td>
<td>Healing Hands Ministries</td>
<td>T. 214.221.0855, F. 214.221.1437</td>
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<td>8515 Greenville Ave., Ste. N-108, Dallas, TX 75243</td>
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<td>DVS</td>
<td>Hope’s Door New Beginning Center Center</td>
<td>T. 214.422.2911, F. 214.221.1437</td>
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<tr>
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<td>860 Ave F. St. 100, Plano, TX 75074</td>
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<td>218 N. 10th St., Garland, TX 75040</td>
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<td>HP</td>
<td>Housing Crisis Center</td>
<td>T. 214.828.4244, F. 214.466.7209</td>
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<tr>
<td></td>
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<td>4210 Junius St., Dallas, TX 75246-1429</td>
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<td>5600 Ross Ave., Dallas, TX 75206</td>
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<tr>
<td>SAP</td>
<td>The Magdalen House</td>
<td>T. 214.324.9261</td>
</tr>
<tr>
<td></td>
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<td>1302 Redwood Circle, Dallas, TX 75218</td>
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<tr>
<td>HP</td>
<td>Metrocare Services</td>
<td>T. 214.743.1200, F. 214.630.3469</td>
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<td></td>
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<td>1340 River Bend Dr., Dallas, TX 75247</td>
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<tr>
<td>SAP</td>
<td>Nexus Recovery Center</td>
<td>T. 214.321.0156, F. 214.321.3096</td>
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<td>8733 La Prada Drive, Dallas, TX 75228</td>
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<td>R, U</td>
<td>Pilgrim Rest Baptist Church Crisis Ministry</td>
<td>T. 214.821.4443</td>
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<td>3516 Munger Ave Dallas, TX 75204</td>
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<tr>
<td>HP</td>
<td>Our Friends Place</td>
<td>T. 214.520.6862, F. 214.526.6219</td>
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<td>6500 Greenville Ave., Ste. 620, Dallas, TX 75206</td>
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<tr>
<td>EOS</td>
<td>Promise House</td>
<td>T. 214.941.8578, F. 214.941.8670</td>
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<tr>
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<td>224 W. Page, Dallas, TX 75208</td>
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<tr>
<td>F, M, E</td>
<td>Resource Center of Dallas</td>
<td>T. 214.528.0144, F. 214.522.4604</td>
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<td>2701 Reagan St., Dallas, TX 75219</td>
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<tr>
<td>EOS, F, C</td>
<td>Salvation Army—Carr P. Collins Social Service Center</td>
<td>T. 214.424.7000, F. 214.424.7123</td>
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<tr>
<td>HP, SAP, DVS</td>
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<td>5302 Harry Hines Blvd., Dallas, TX 75235</td>
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<td>F</td>
<td>Salvation Army – Oak Cliff</td>
<td>T. 214.941.5911, F. 214.941.9146</td>
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<td>1617 West Jefferson Blvd., Dallas, TX 75208</td>
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<tr>
<td>HP, C</td>
<td>The Samaritan Inn</td>
<td>T. 972.542.5302, F. 972.569.9988</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1710 N. McDonald, McKinney, TX 75071</td>
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</table>
U, HP  Senior Source  T. 214.823.5700
3910 Harry Hines Blvd., Dallas, TX 75219  F. 214.826.2441

HP  Shared Housing Center  T. 214.821.8510
402 N. Good Latimer, Dallas, TX 75204  F. 214.828.1499

E, M, C  Stewpot of First Presbyterian Church  T. 214.746.2785
1835 Young St., Dallas, TX 75201  F. 214.746.2791

EOS, F, C  Union Gospel Mission (Men)  T. 214.637.6117
M, E  3211 Irving Blvd., Dallas, TX 75247  F. 214.634.8340

EOS, F, C  Union Gospel Mission Center of Hope (Women & Children)  T. 214.638.2988
M, E  4815 Cass St., Dallas, TX 75235  F. 214.637.2790

M  Urban Inter-Tribal Center of Texas  T. 214.941.1050
209 E. Jefferson Blvd., Dallas, TX 75203  F. 214.941.6537

HP  Wilkinson Center  T. 214.821.6380 x200
3402 N. Buckner Blvd., Ste. 302, Dallas, TX 75228  F. 214.827.1972
### ZIP CODE SPECIFIC AGENCIES

E – Educational Programs; M – Medical or Dental; EOS- Emergency Overnight Shelter; DVS-Domestic Violence Shelter; HP-Housing Program; SBP Substance Abuse Program; ILS - Immigration & Legal Services; RS – Refugee Services

#### 75001 ADDISON

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<th>Code</th>
<th>Agency Name</th>
<th>Address 1</th>
<th>City</th>
<th>Phone</th>
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<tbody>
<tr>
<td>F, C</td>
<td>The Friendship House</td>
<td>2400 N. Josey Ln., Carrollton, TX 75006</td>
<td>Carrollton</td>
<td>T. 972.512.3838</td>
</tr>
<tr>
<td>F</td>
<td>Jewish Family Services of Greater Dallas</td>
<td>5402 Arapaho Rd., Dallas, TX 75248</td>
<td>Dallas</td>
<td>T. 972.437.9950</td>
</tr>
<tr>
<td>F, C, R, U</td>
<td>Metrocrest Services</td>
<td>13801 Hutton Dr. Suite 150, Farmers Branch, TX 75234</td>
<td>Farmers Branch</td>
<td>T. 972.446.2100</td>
</tr>
<tr>
<td>F, C, R, U, M, E</td>
<td>North Dallas Shared Ministries</td>
<td>2875 Merrell Rd., Dallas, TX 75229</td>
<td>Dallas</td>
<td>T. 214.358.8700</td>
</tr>
<tr>
<td>F, C</td>
<td>Victory Meadow Neighborhood Alliance Food Pantry</td>
<td>8448 Walnut Hill Ln., Dallas, TX 75231</td>
<td>Dallas</td>
<td>T. 214.821.5775</td>
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#### 75002 ALLEN

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<tr>
<td>F, C, R, U</td>
<td>Salvation Army – Plano Service Center</td>
<td>3528 E. 14th St., Plano, TX 75074</td>
<td>Plano</td>
<td>T. 972.423.8254</td>
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#### 75006 CARROLLTON

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<th>Code</th>
<th>Agency Name</th>
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<tr>
<td>F, C</td>
<td>The Friendship House</td>
<td>2400 N. Josey Ln. Carrollton, TX 75006</td>
<td>Carrollton</td>
<td>T. 972.512.3838</td>
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<tr>
<td>F, R, U</td>
<td>Christian Community Action</td>
<td>200 S. Mill St., Lewisville, TX 75057</td>
<td>Lewisville</td>
<td>T. 972.221.1224</td>
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<td>F</td>
<td>Jewish Family Services of Greater Dallas</td>
<td>5402 Arapaho Rd., Dallas, TX 75248</td>
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<td>Victory Meadow Neighborhood Alliance Food Pantry</td>
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<td>T. 214.821.5775</td>
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<td>CARROLLTON</td>
<td>The Friendship House</td>
<td>2400 N. Josey Ln. Carrollton, TX 75006</td>
<td>T. 972.512.3838, F. 1.855.512.3700</td>
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<td>75008</td>
<td>CARROLLTON</td>
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<td>2400 N. Josey Ln. Carrollton, TX 75006</td>
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<td>200 S. Mill St., Lewisville, TX 75057</td>
<td>T. 972.221.1224, F. 972.219.4330</td>
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<td>75010</td>
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<td>5402 Arapaho Rd., Dallas, TX 75248</td>
<td>T. 972.437.9950, F. 972.437.1988</td>
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<td>Victory Meadow Neighborhood Alliance Food Pantry</td>
<td>8448 Walnut Hill Ln., Dallas, TX 75231</td>
<td>T. 214.821.5775, F. 214.821.5713</td>
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<td>Metrocrest Services</td>
<td>13801 Hutton Dr. Suite 150, Farmers Branch, TX 75234</td>
<td>T. 972.446.2100, F. 214.694.2171</td>
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<td>Metrocrest Services</td>
<td>13801 Hutton Dr. Suite 150, Farmers Branch, TX 75234</td>
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<td>Christian Community Action</td>
<td>200 S. Mill St., Lewisville, TX 75057</td>
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<td>5402 Arapaho Rd., Dallas, TX 75248</td>
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<td>The Friendship House</td>
<td>2400 N. Josey Ln. Carrollton, TX 75006</td>
<td>T. 972.512.3838, F. 1.855.512.3700</td>
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<td>Victory Meadow Neighborhood Alliance Food Pantry</td>
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<td>T. 214.821.5775, F. 214.821.5713</td>
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<td>75013</td>
<td>ALLEN</td>
<td>Salvation Army – Plano Service Center</td>
<td>T. 972.423.8254, F. 972.509.5319</td>
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<td>75014</td>
<td>IRVING</td>
<td>Baptist Benevolent Ministries Of Irving</td>
<td>T. 972.254.0973, F. 972.254.2333</td>
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<td>75015</td>
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<td>114 E. 2nd St., Irving, Texas 75060</td>
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<td>Good Shepherd Lutheran Church Food Pantry</td>
<td>T. 972.790.2121, F. 972.790.2121</td>
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<td>Irving Cares</td>
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<td>T. 972.438.6553, F. 972.554.8123</td>
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<td>75019</td>
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<td>T. 972.512.3838, F. 1.855.512.3700</td>
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<td>2400 N. Josey Ln., Carrollton, TX 75006</td>
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<td>T. 972.446.2100, F. 214.694.2171</td>
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F, C  Salvation Army Lewisville  T. 972.353.9400
207 Elm St., Lewisville, TX 75057  F. 972.353.2386

75023  PLANO
75024  F, C, U  Salvation Army – Plano Service Center  T. 972.423.8254
3528 E. 14th St., Plano, TX 75074  F. 972.509.5319

75025  ALLEN/PLANO

F, C, U  Salvation Army – Plano Service Center  T. 972.423.8254
3528 E. 14th St., Plano, TX 75074  F. 972.509.5319

F, R, U  Christian Community Action  T. 972.221.1224
200 South Mill, Lewisville, TX 75057  F. 972.219.4330

F, C  Salvation Army Lewisville  T. 972.353.9400
207 Elm St., Lewisville, TX 75057  F. 972.353.2386

75030  ROWLETT

F, C  Good Samaritans of Garland  T. 972.276.2263
214 N. 12th St., Garland, TX 75040  F. 972.487.8523

75034  FRISCO/PLANO

F, C, R, U  Frisco Family Services  T. 972.335.9495
8780 3rd St., Frisco, TX 75034  F. 972.335.9487

75035  FRISCO

F, C, R, U  Frisco Family Services  T. 972.335.9495
8780 3rd St., Frisco, TX 75034  F. 972.335.9487

75038  IRVING
75039  F  Baptist Benevolent Ministries Of Irving  T. 972.254.0973
114 E. 2nd St., Irving, Texas 75060  F. 972.254.2333

F  Good Shepherd Lutheran Church Food Pantry  T. 972.790.2121
2620 W. Grauwyler Rd., Irving, TX 75061  F. 972.790.2121
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| 75040    | GARLAND                | Irving Cares                         | 440 S. Nursery Rd. Ste 101, Irving, TX 75060 | T. 972.721.9181  
 |          |                        |                                     |                     | F. 972.438.7345       |
|          |                        | Salvation Army—Irving                | 250 E. Grauwyler Rd., Irving, TX 75061 | T. 972.438.6553  
 |          |                        |                                     |                     | F. 972.554.8123       |
| 75041    | GARLAND                | Good Samaritans of Garland           | 214 N. 12th St., Garland, TX 75040 | T. 972.276.2263  
 |          |                        |                                     |                     | F. 972.487.8523       |
|          |                        | Hope’s Door New Beginning Center     | 218 N. 10th St., Garland, TX 75040 | T. 972.276.0423  
 |          |                        |                                     |                     | 24-hr 972.422.7233    |
|          |                        |                                     |                                     | 24-hr 972.276.0057   |
|          |                        |                                     |                                     | F. 972.423.4154      |
|          |                        | Mesquite Church of Christ Food Pantry| 400 W. Davis St., Mesquite, TX 75149 | T. 972.329.6866  
 |          |                        |                                     |                     | F. 972.288.1292       |
| 75042    | GARLAND & RICHARDSON  | Good Samaritans of Garland           | 214 N. 12th St., Garland, TX 75040 | T. 972.276.2263  
 |          |                        |                                     |                     | F. 972.487.8523       |
|          |                        | Mesquite Church of Christ Food Pantry| 400 W. Davis St., Mesquite, TX 75149 | T. 972.329.6866  
 |          |                        |                                     |                     | F. 972.288.1292       |
|          |                        | Network of Community Ministries     | 741 S. Sherman St., Richardson TX 75081 | T. 972.234.8880  
 |          |                        |                                     |                     | F. 972.234.8892       |
|          |                        | Richardson East Care Corps           | 1504 East Campbell Rd., Richardson, TX 75081 | T. 972.231.8231  
<p>|          |                        |                                     |                     | F. 972.231.5660       |</p>
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<td>Grand Prairie United Charities</td>
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<td>1417 Densman St., Grand Prairie, TX 75051</td>
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<td>T. 972.264.8540</td>
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| F, C, U | **Network of Community Ministries**  
741 S. Sherman St., Richardson TX 75081 |
| T. 972.234.8880 | F. 972.234.8892 |
| F, R, U | **Richardson East Care Corps**  
1504 East Campbell Rd., Richardson, TX 75081 |
| T. 972.231.8231 | F. 972.231.5660 |
| F, U, M | **Salvation Army of Garland**  
451 W. Ave. D, Garland, TX 75040 |
| T. 972.272.4531 | F. 972.276.2766 |
| F, C, U | **Salvation Army – Plano Service Center**  
3528 E. 14th St., Plano, TX 75074 |
| T. 972.423.8254 | F. 972.509.5319 |

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| T. 972.231.8231 | F. 972.231.5660 |

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| T. 972.231.8231 | F. 972.231.5660 |
| F, C, U | **Salvation Army – Plano Service Center**  
3528 E. 14th St., Plano, TX 75074 |
| T. 972.423.8254 | F. 972.509.5319 |

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| F | **Mesquite Church of Christ Food Pantry**  
400 W. Davis St., Mesquite, TX 75149 |
| T. 972.329.6866 | F. 972.288.1292 |

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214 N. 12th St., Garland, TX 75040 |
| T. 972.276.2263 | F. 972.487.8523 |
| F | **Mesquite Church of Christ Food Pantry**  
400 W. Davis St., Mesquite, TX 75149 |
| T. 972.329.6866 | F. 972.288.1292 |
75089  ROWLETT/GARLAND
F, C  Good Samaritans of Garland  
214 N. 12th St., Garland, TX 75040  
T. 972.276.2263  
F. 972.487.8523
F  Mesquite Church of Christ Food Pantry  
400 W. Davis St., Mesquite, TX 75149  
T. 972.329.6866  
F. 972.288.1292

75093  PLANO
F, C, U  Salvation Army – Plano Service Center  
3528 E. 14th St., Plano, TX 75074  
T. 972.423.8254  
F. 972.509.5319

75094  PLANO
F, C, U  Salvation Army – Plano Service Center  
3528 E. 14th St., Plano, TX 75074  
T. 972.423.8254  
F. 972.509.5319

75098  WYLIE
F  Mesquite Church of Christ Food Pantry  
400 W. Davis St., Mesquite, TX 75149  
T. 972.329.6866  
F. 972.288.1292
F, C, U  Salvation Army – Plano Service Center  
3528 E. 14th St., Plano, TX 75074  
T. 972.423.8254  
F. 972.509.5319

75099  COPPELL
F, R, U  Christian Community Action  
200 S. Mill St., Lewisville, TX 75057  
T. 972.221.1224  
F. 972.219.4330
F, C, R, U  Metrocrest Services  
13801 Hutton, Ste. 150, Farmers Branch, TX 75234  
T. 972.446.2100  
F. 214.694.2171

75114  CRANDALL
F  Community Breadbasket  
102 E. Malloy Bridge Rd, Seagoville, TX 75159  
T. 972.287.2459
F  Mesquite Church of Christ Food Pantry  
217 S. Locust St., Mesquite, TX 75149  
T. 972.329.6866  
F. 972.288.1292
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<td>Duncanville Outreach Ministry, 202 E. Cherry St., Duncanville TX 75116</td>
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<td>75134</td>
<td>LANCASTER</td>
<td>THE TURN•AROUND AGENDA (TTA), Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232</td>
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<td>Family Services: 7140 Library Lane Dallas, TX 75232</td>
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75149  MESQUITE

F, C  Buckner Center for Humanitarian Aid  T. 214.367.8080
5405 Shoe Dr., Mesquite, TX 75149  F. 214.367.8093

F  Mesquite Church of Christ Food Pantry  T. 972.329.6866
217 S. Locust St., Mesquite, TX 75149  F. 972.288.1292

1035 Military Pkwy., Mesquite, TX 75149  F. 972.216.1470

F  Pathway of Life Church Food Pantry  T. 214.275.7284
8201 Scyene Rd., Dallas, TX 75227  F. 214.275.8835

3544 E. Emporium Cir., Mesquite, TX 75150  F. 972.285.0329

75150  MESQUITE

F, C  Buckner Center for Humanitarian Aid  T. 214.367.8080
5405 Shoe Dr., Mesquite, TX 75149  F. 214.367.8093

F  Mesquite Church of Christ Food Pantry  T. 972.329.6866
217 S. Locust St., Mesquite, TX 75149  F. 972.288.1292

1035 Military Pkwy., Mesquite, TX 75149  F. 972.216.1470

3544 E. Emporium Cir., Mesquite, TX 75150  F. 972.285.0329

75159  MESQUITE & SEAGOVILLE

F  Community Breadbasket  T. 972.287.2459
102 E. Malloy Bridge Rd, Seagoville, TX 75159

F  Mesquite Church of Christ Food Pantry  T. 972.329.6866
217 S. Locust St., Mesquite, TX 75149  F. 972.288.1292

75160  MESQUITE

F  Mesquite Church of Christ Food Pantry  T. 972.329.6866
217 S. Locust St., Mesquite, TX 75149  F. 972.288.1292

S
75161 TERRELL
F Mesquite Church of Christ Food Pantry
400 W. Davis St., Mesquite, TX 75149 T. 972.329.6866
F. 972.288.1292

75164 JOSEPHINE
F, C, U Salvation Army – Plano Service Center
3528 E. 14th St., Plano, TX 75074 T. 972.423.8254
F. 972.509.5319

75172 WILMER/HUTCHINS
F Community Breadbasket
102 E. Malloy Bridge Rd, Seagoville, TX 75159 T. 972.287.2459

75173 NEVADA
F, C, U Salvation Army – Plano Service Center
3528 E. 14th St., Plano, TX 75074 T. 972.423.8254
F. 972.509.5319

75180 MESQUITE
F, C Buckner Center for Humanitarian Aid
5405 Shoe Dr., Mesquite, TX 75149 T. 214.367.8080
F. 214.367.8093

F Mesquite Church of Christ Food Pantry
217 S. Locust St., Mesquite, TX 75149 T. 972.329.6866
F. 972.288.1292

F, R, U Mesquite Social Services.
1035 Military Pkwy., Mesquite, TX 75149 T. 972.285.3000
F. 972.216.1470

F Newman Park Christian Center Food Pantry
7922 Fairport Rd., Dallas, TX 75217 T. 214.398.1591
F. 214.398.5330

F, C, E Sharing Life Community
3544 E. Emporium Cir., Mesquite, TX 75150 T. 972.285.5819
F. 972.285.0329

75181 MESQUITE
F Mesquite Church of Christ Food Pantry
217 S. Locust St., Mesquite, TX 75149 T. 972.329.6866
F. 972.288.1292
F, R, U  Mesquite Social Services.  
1035 Military Pkwy., Mesquite, TX 75149  
T. 972.285.3000  
F. 972.216.1470

F, C, E  Sharing Life Community  
3544 E. Emporium Cir., Mesquite, TX 75150  
T. 972.285.5819  
F. 972.285.0329

75182 MESQUITE

F  Mesquite Church of Christ Food Pantry  
217 S. Locust St., Mesquite, TX 75149  
T. 972.329.6866  
F. 972.288.1292

F, R, U  Mesquite Social Services.  
1035 Military Pkwy., Mesquite, TX 75149  
T. 972.285.3000  
F. 972.216.1470

F, C, E  Sharing Life Community  
3544 E. Emporium Cir., Mesquite, TX 75150  
T. 972.285.5819  
F. 972.285.0329

75201 DALLAS

F, S, M  The Bridge  
1818 Corsicana St., Dallas, TX 75201  
T. 214.670.1100

F, C  Crossroads Community Services  
1822 Young St., 2nd Floor, Dallas, TX 75201  
T. 214.560.2511  
F. 214.560.2512

F, S  Family Gateway  
711 S. St. Paul St., Dallas, TX 75201  
T. 214.823.4500  
F. 214.884.3110

F  Holy Trinity Center  
3826 Gilbert Ave., Dallas, TX 75219  
T. 214.521.3719  
F. 214.521.3724

C, M  The Stewpot  
1835 Young St., Dallas, TX 75201  
T. 214.746.2785  
F. 214.746.2791

75203 DALLAS

RP  Catholic Charities – Refugee Programs  
9461 LBJ Frwy, Ste. 128, Dallas, TX 75243  
T. 214.553.9909 x126

F, C, E  Mission Oak Cliff  
111 S. Beckley, Dallas, TX 75203  
T. 214.942.6407  
F. 214.942.8606
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|          | 2875 Merrell Rd., Dallas, TX 75229 | F. 214.358.8797 |
|          | Holy Trinity Center | T. 214.521.3719  
|          | 3826 Gilbert Ave., Dallas, TX 75219 | F. 214.521.3724 |
| 75220    | Jewish Family Services of Greater Dallas | T. 972.437.9950  
|          | 5402 Arapaho Rd., Dallas, TX 75248 | F. 972.437.1988 |
|          | North Dallas Shared Ministries | T. 214.358.8700  
|          | 2875 Merrell Rd., Dallas, TX 75229 | F. 214.358.8797 |
|          | Victory Meadow Neighborhood Alliance Food Pantry | T. 214.821.5775  
|          | 8448 Walnut Hill Ln., Dallas, TX 75231 | F. 214.821.5713 |
| 75223    | White Rock Center of Hope | T. 214.324.8996  
|          | 10021 Garland Rd. Suite A, Dallas, TX 75218 | F. 214.328.2948 |
|          | The Wilkinson Center | T. 214.821.6380  
|          | 3402 N. Buckner Blvd. Suite 302, Dallas, TX 75228 | F. 214.827.1972 |
| 75224    | Catholic Charities – Refugee Programs | T. 214.553.9909 x126  
|          | 9461 LBJ Frwy, Ste. 128, Dallas, TX 75243 |  |
|          | Our Daily Bread | T. 214.371.2633  
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<td><strong>Victory Meadow Neighborhood Alliance Food Pantry</strong></td>
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<td>T. 214.821.5775</td>
<td>F. 214.821.5713</td>
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<td></td>
<td><strong>White Rock Center of Hope</strong></td>
<td>10021 Garland Rd. Suite A, Dallas, TX 75218</td>
<td>T. 214.324.8996</td>
<td>F. 214.328.2948</td>
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<tr>
<td>75240</td>
<td><strong>Jewish Family Services of Greater Dallas</strong></td>
<td>5402 Arapaho Rd., Dallas, TX 75248</td>
<td>T. 972.437.9950</td>
<td>F. 972.437.1988</td>
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<td></td>
<td><strong>Network of Community Ministries</strong></td>
<td>741 S. Sherman St., Richardson, TX 75081</td>
<td>T. 972.234.8880</td>
<td>F. 972.234.8892</td>
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<td><strong>North Dallas Shared Ministries</strong></td>
<td>2875 Merrell Rd., Dallas, TX 75229</td>
<td>T. 214.358.8700</td>
<td>F. 214.358.8797</td>
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<td></td>
<td><strong>Richardson East Care Corps</strong></td>
<td>1504 East Campbell Rd., Richardson, TX 75081</td>
<td>T. 972.231.8231</td>
<td>F. 972.231.5660</td>
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<td><strong>Victory Meadow Neighborhood Alliance Food Pantry</strong></td>
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<td>T. 214.821.5775</td>
<td>F. 214.821.5713</td>
</tr>
</tbody>
</table>
### 75241

| F | Holy Cross Special Fund | T. 214.374.7952 |
|   | 4906 Bonnie View, Dallas, TX 75241 | F. 214.375.2511 |

| F, C | Mt. Tabor Baptist Church | T. 972.225.1704 |
|      | 3700 Simpson Stuart, Dallas, TX 75241 | F. 972.225.4811 |

| F, C | Our Daily Bread | T. 214.371.2633 |
|      | 6960 S. Polk St., Dallas, TX 75232 | F. 214.372.2454 |

| F | The Turn•Around Agenda (TTA) | T. 972-228-0872 |
|   | Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232 | F. 972-228-1110 |
|   | Family Services: 7140 Library Lane Dallas, TX 75232 | T. 469-567-1793 |
|   | F. 972-224-0090 |

### 75243

| F, C | Highland Oaks Church of Christ—Caring and Sharing | T. 214.342.6040 |
|      | 10805 Walnut Hill Lane, Dallas, TX 75238 | F. 214.342.6043 |

| F | Jewish Family Services of Greater Dallas | T. 972.437.9950 |
|   | 5402 Arapaho Rd., Dallas, TX 75248 | F. 972.437.1988 |

| F, C | Network of Community Ministries | T. 972.234.8880 |
|      | 741 S. Sherman, Richardson, TX 75081 | F. 972.234.8892 |

| F, C, U, M, E | North Dallas Shared Ministries | T. 214.358.8700 |
|              | 2875 Merrell Rd., Dallas, TX 75229 | F. 214.358.8797 |

| F, U | Richardson East Care Corps | T. 972.231.8231 |
|      | 1504 East Campbell Rd., Richardson, TX 75081 | F. 972.231.5660 |

| F, C | Victory Meadow Neighborhood Alliance Food Pantry | T. 214.821.5775 |
|      | 8448 Walnut Hill Ln., Dallas, TX 75231 | F. 214.821.5713 |

### 75244

| F, C | The Friendship House | T. 972.512.3838 |
|      | 2400 N. Josey Ln., Carrollton, TX 75006 | F. 855.512.3700 |

<p>| F | Jewish Family Services of Greater Dallas | T. 972.437.9950 |
|   | 5402 Arapaho Rd., Dallas, TX 75248 | F. 972.437.1988 |</p>
<table>
<thead>
<tr>
<th>Zip Code</th>
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<td>North Dallas Shared Ministries</td>
<td>2875 Merrell Rd., Dallas, TX 75229</td>
<td>T. 214.358.8700</td>
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<td>Jewish Family Services of Greater Dallas</td>
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<td>F. 214.358.8797</td>
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<td></td>
<td><strong>Salvation Army – Plano Service Center</strong></td>
<td>3528 E. 14th St., Plano, TX 75074</td>
<td>T. 972.423.8254</td>
<td>F. 972.509.5319</td>
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<td></td>
<td><strong>Victory Meadow Neighborhood Alliance Food Pantry</strong></td>
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<td>T. 214.821.5775</td>
<td>F. 214.821.5713</td>
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<tr>
<td>75253</td>
<td><strong>Community Breadbasket</strong></td>
<td>102 E. Malloy Bridge Rd, Seagoville, TX 75159</td>
<td>T. 972.287.2459</td>
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<td></td>
<td><strong>Sharing Life Community</strong></td>
<td>3544 E. Emporium Circle, Mesquite, TX 75150</td>
<td>T. 972.285.5819</td>
<td>F. 972.285.0329</td>
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<td>75254</td>
<td><strong>Jewish Family Services of Greater Dallas</strong></td>
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<td>F, U</td>
<td>Christian Community Action</td>
<td>T. 972.221.1224</td>
<td>F. 972.219.4330</td>
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<td></td>
<td>200 S. Mill St., Lewisville, TX 75057</td>
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<td>F, C</td>
<td>The Friendship House</td>
<td>T. 972.512.3838</td>
<td>F. 1.855.512.3700</td>
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<td>2400 N. Josey Ln., Carrollton, TX 75006</td>
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<tr>
<td>F, C, U</td>
<td>Metrocrest Services</td>
<td>T. 972.446.2100</td>
<td>F. 214.694.2171</td>
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<td></td>
<td>13801 Hutton Dr. Suite 150, Farmers Branch, TX 75234</td>
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<td>F, C, U</td>
<td>North Dallas Shared Ministries</td>
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EMERGENCY OVERNIGHT SHELTERS

AUSTIN STREET CENTRE
2929 Hickory St., Dallas, TX 75226
T. 214.428.4242
F. 214.428.8158

THE BRIDGE
1818 Corsicana, Dallas, TX 75201
T. 214.670.1100

DALLAS LIFE
1100 Cadiz St., Dallas, TX 75215
T. 214.421.1380
F. 214.426.5144

FAMILY GATEWAY (Must have at least one child under 18 yrs.)
711 S. Saintt Paul St., Dallas, TX 75201
T. 214.741.6515
F. 214.884.3110

JONATHAN’S PLACE SAFE PLACE (TEENS)
Text ‘Safe’ & current city zip code to 69866
6065 Duck Creek Dr, Garland, TX 75043

PROMISE HOUSE (must be 10-17 yrs. of age)
224 W. Page, Dallas, TX 75208
T. 214.941.8578
F. 214.941.6870

SALVATION ARMY—CARR P. COLLINS SOCIAL SERVICE CENTER
5302 Harry Hines Blvd., Dallas, TX 75235
T. 214.424.7050
F. 214.688.5234

UNION GOSPEL MISSION (Men)
3211 Irving Blvd., Dallas, TX 75247
T. 214.637.6117
F. 214.634.8340

UNION GOSPEL MISSION CENTER OF HOPE (Women)
4815 Cass St., Dallas, TX 75235
T. 214.638.2988
F. 214.637.2790
EMERGENCY RENTAL ASSISTANCE

DALLAS - ALL ZIP CODES

Martin Luther King, Jr. Community Center
214.670.8416
By appointment ONLY – appointments made by phone only on Mondays and Wednesdays at 9:00 a.m. – call until phone is answered – no messages accepted

Pilgrim Rest Missionary Baptist Church Crisis Ministries
214.821.4443
By appointment ONLY – appointments made by phone only

West Dallas Community Center
214.670.6530
By appointment ONLY – appointments made by phone only on Mondays and Wednesdays at 9:00 a.m. – call until phone is answered – no messages accepted

DALLAS – LIMITED ZIP CODES

North Dallas Shared Ministries
214.358.8700
Dallas Zips Served: 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287

Richardson East Care Corps
972.231.8231
By appointment ONLY: appointments made by phone only on Thursdays 10:00-11:00 a.m.
Dallas Zips Served: 75231, 75238, 75240, 75243, 75248, 75252, 75254

White Rock Center of Hope
214.324.8996
Dallas Zips Served: 75214, 75218, 75223, 75228, 75238

(For suburbs please see individual zip codes)
EMERGENCY UTILITY ASSISTANCE

DALLAS COUNTY - ALL ZIP CODES

CEAP (Comprehensive Energy Assistance Program)
214.819.1848
Note: 75287 is not in Dallas County so CEAP will not accept

Pilgrim Rest Missionary Baptist Church Crisis Ministries
214.821.4443
By appointment ONLY – appointments made by phone only

DALLAS CITY - ALL ZIP CODES

Martin Luther King, Jr. Community Center
214.670.8416
By appointment ONLY – appointments made by phone only on Mondays and Wednesdays at 9:00 a.m. – call until phone is answered – no messages accepted

Senior Source (Must be over 60 years of age)
214.823.5700

West Dallas Community Center
214.670.6530
By appointment ONLY – appointments made by phone only on Mondays and Wednesdays at 9:00 a.m. – call until phone is answered – no messages accepted

DALLAS CITY - LIMITED ZIP CODES

Network Of Community Ministries
972.234.8880
Dallas Zips Served: 75231, 75238, 75240, 75248, 75251, 75252, 75254

North Dallas Shared Ministries
214.358.8700
Dallas Zips Served: 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287
Richardson East Care Corps
972.231.8231
By appointment ONLY: appointments made by phone only on Thursdays 10:00-11:00 a.m.
Dallas Zips Served: 75231, 75238, 75240, 75243, 75248, 75252, 75254

White Rock Center of Hope
214.324.8996
Dallas Zips Served: 75214, 75218, 75223, 75228, 75238

(For suburbs please see individual zip codes)
DOMESTIC VIOLENCE VICTIM PROGRAMS

Brighter Tomorrows
PO Box 532151, Grand Prairie, TX 75053
T. 972.254.4003
24-hr T. 972.262.8383
F. 972.237.2565

Care Center Ministries
7912 Antoinette St., Dallas, TX 75217
T. 214.824.9852
F. 214.824.3499

Denton County Friends of the Family
P.O. Box 640, Denton, TX 76202
24-hr T. 940.382.7273
Toll free 24-hr T. 1.800.572.4031

The Family Place
PO Box 7999, Dallas, TX 75209
T. 214.559.2170
F. 214.443.7797

Friends of the Family
PO Box 640, Denton, TX 76202
T. 972.219.2829
F. 940.383.1816

Genesis Women’s Shelter
PO Drawer G, Dallas, TX 75208
T. 214.946.HELP
F. 214.948.6814

Hope’s Door New Beginning Center
860 Ave F. St. 100, Plano, TX 75074
218 N. 10th St., Garland, TX 75040
Plano T. 972.422.2911
Garland T. 972.276.0423
24-hr T. 972.422.7233
24-hr T. 972.276.0057
F. 972.423.4154

Mosaic Family Services
4144 N. Central Expwy Suite 530, Dallas, TX 75204
T. 214.821.5393
Shelter: T. 214.823.4434
F. 214.821.0810

Reconciliation Outreach Program
1421 N. Peak St., Dallas, TX 75204
T. 214.545.6500
F. 214.545.6525

Salvation Army—Carr P. Collins Social Service Center
5302 Harry Hines Blvd., Dallas, TX 75235
T. 214.424.7000
F. 214.424.7123
**FOOD PROGRAMS**

**FRIDAY FOOD BASKET**  
**NORTH DALLAS SHARED MINISTRIES**  
2875 Merrell Rd., Dallas, TX 75229  
T. 214.358.8700  
F. 214.358.8797

**Services Offered:** Friday Food Basket Program for seniors 60+ and people who are disabled  
**Hours:** Fridays, 8:00-1:00  
**Eligibility Requirements:** 75001, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75256, 75267; all seniors are eligible for  
**Clients Must Bring:** Proof of age and income  
**Application Process:** Walk-in  
**Website:** www.ndsm.org  
**Email:** admin@ndsm.org

**MEALS ON WHEELS:**  
**Services Offered:** Home-delivered meals for elderly or disabled. Individual must be home bound with no caretaker and no meals from any other source. Illness or old age must prevent normal activity in order for client to receive meals.

Dallas County:  
1440 West Mockingbird Ln. #500, Dallas, TX 75247  
T. 214.689.0000

Collin County:  
600 N. Tennessee St., McKinney, TX 75069  
T. 972.562.6996

Denton County:  
180 Malone, Denton, TX 76201  
T. 940.382.2224

**WIC (WOMEN, INFANTS, AND CHILDREN)**  
**SUPPLEMENTAL FOOD PROGRAM**  
Administration: City of Dallas, Texas Department of Health and Human Services  
2377 Stemmons Fwy., Suite 400, Dallas, TX 75207  
T. 214.670.7200

**Services Offered:** Special Supplemental Nutrition Program for Women, Infants and Children — is a health and nutrition program with a successful record of improving the diet of infants, children, and pregnant, postpartum and breastfeeding women. WIC provides nutrition education, nutritious foods, referrals to health and human services and breastfeeding support. Food benefits are issued for each client. Both fathers and mothers can receive and spend the benefits for their children. There are bilingual workers at every location. Available to those who are undocumented, unmarried, or have private health insurance.
Eligibility: Pregnant women; women who are breastfeeding a baby under 1 year of age; women who have had a baby in the past six months; parents, step-parents, guardians, and foster parents of infants and children under the age of 5; fathers of children under the age of 5. WIC qualifications are based on household income and the number of people in the family. Clients approved for Food Stamps, Medicaid, or TANF will automatically qualify for WIC. WIC services include supplemental food and formula for all income eligible pregnant women, nursing mothers, and children up to the age of 5 in Dallas County.

To locate the WIC clinic closest to your location call  T: 1.800.942-3678
EMPLOYMENT PROGRAMS

TEXAS WORK FORCE COMMISSION
The state government agency that oversees and provides workforce development services to employers and job seekers in Texas.

General Office Hours: Mon – Fri 8:00 am – 5:00 pm
Dallas Area Management Office
1201 Main St. Suite 2700, Dallas, TX 75202

Teleserve number for Texas Work Force Commission
T. 1.800.558.8321
Automated system which provides unemployment weekly benefit, maximum benefit, paid, and balance information. Also provides status of claim.

Work Force Center Locations:

217 N. 10th
Garland, TX 75040

T. 972.276.8361

801 S. Hwy 161 Suite 500, 5th floor
Grand Prairie, TX 75051

T. 972.264.5881

2110 N. Galloway Suite 116
Mesquite, TX 75150

T. 972.329.1948

7330 S. Westmoreland Suite 250
Dallas, TX 75237

T. 972.709.5377

5955 Alpha Rd. Suite 200
Dallas, TX 75240

T. 972.388.5600

1610 Malcolm X Blvd., Suite 201
Dallas, TX 75226

T. 469.802.1800

2520 W. Irving Blvd., Suite 100
Irving, TX 75061

T. 972.573.3500
SENIOR PROGRAMS

NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)
741 S. Sherman St., Richardson, TX 75081
T. 972.234.8880
F. 972.234.8892

Services Offered: Senior citizen assistance for rentals, utilities, food; clothes; job resource center

Hours: General Hours: Mon – Thu 9:00 am – 6:00 pm, Fri 9:00 am – 12:00 pm

Eligibility Requirements: 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254

Clients Must Bring: Appointment phone call will clarify necessary documentation; usually picture ID and SS cards for self and for all in household; proof of address

Application Process: Appointment required

Limits: No set limits for assistance; each case taken on an individual basis; Utility assistance primarily for TXU

Website: www.thenetwork.org

NORTH DALLAS SHARED MINISTRIES
FRIDAY FOOD BASKET
2875 Merrell Rd., Dallas, TX 75229
T. 214.358.8700
F. 214.358.8797

Services Offered: Friday Food Basket Program for seniors 60+

Hours: Fridays, 8:00-1:00

Eligibility Requirements: 75001, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287; all seniors are eligible for

Clients Must Bring: Proof of age and income

Application Process: Walk-in

Website: www.ndsm.org

Email: admin@ndsm.org

MEALS ON WHEELS:
Home-delivered meals for elderly or disabled. Individual must be home bound with no caretaker and no meals from any other source. Illness or old age must prevent normal activity in order for client to receive meals.

Dallas County:
1440 West Mockingbird Ln. #500, Dallas, TX 75247
T. 214.689.0000

Collin County:
600 N. Tennessee St., McKinney, TX 75069
T. 972.562.6996
Denton County:
180 Malone, Denton, TX 76201  T. 940.382.2224

SENIOR SOURCE
3910 Harry Hines Blvd., Dallas, TX 75219  T. 214.823.5700
F. 214.826.2441

Services Offered: Utility financial assistance (TXU and Atmos only)
Hours: Mon-Fri 8:00-5:00
Eligibility Requirements: Must be over 60 years of age.
Application Process: Contact the Elder Support Program Director to complete an intake.
Clients Must Bring: Photo ID and proof of income
Website: www.theseniorsource.org
SUBSTANCE ABUSE PROGRAMS

The Magdalen House
1302 Redwood Circle, Dallas, TX 75218
T. 214.324.9261
F. 214.324.5299

Nexus Recovery Center
8733 La Prada Drive, Dallas, TX 75228
T. 214.321.0156
F. 214.321.3096

Promise House (must be 10-17 yrs. of age)
224 W. Page, Dallas, TX 75208
T. 214.941.8578
F. 214.941.8670

Reconciliation Outreach Program
1421 N. Peak St., Dallas, TX 75204
T. 214.545.6500
F. 214.545.6525

Salvation Army—Carr P. Collins Social Service Center
5302 Harry Hines Blvd., Dallas, TX 75235
T. 214.424.7050
F. 214.688.5234
**TRANSITIONAL LIVING PROGRAMS**

**Aids Services of Dallas**  
PO Box 4338, Dallas, TX 75208-0338  
T. 214.941.0523  
F. 214.941.8144  

**Care Center Ministries**  
7912 Antoinette St., Dallas, TX 75217  
T. 214.824.9852  
F. 214.824.3499  

**Exodus Ministries** (Female ex-convicts & families)  
4630 Munger Ave, Ste. 110, Dallas, TX 75204  
T. 214.827.3772  

**Housing Crisis Center**  
4210 Junius St., Dallas, TX 75246  
T. 214.828.4244  
F. 214.828.9623  

**Interfaith Family Services**  
5600 Ross Ave., Dallas, TX 75206  
T. 214.827.7220  
F. 214.451.3198  

**Jonathan’s Place** (Young women)  
6065 Duck Creek Dr, Garland, TX 75043  
T. 972.303.5303  

**Metrocare Services**  
1340 River Bend Dr., Dallas, TX 75247  
T. 214.743.1200  
F. 214.630.3469  

**Our Friends Place (women 18-24 yrs. of age)**  
2501 Oak Lawn Ave. Suite 500, Dallas, TX 75219  
T. 214.520.6268  
F. 214.526.6219  

**Reconciliation Outreach Program**  
1421 N. Peak St., Dallas, TX 75204  
T. 214.545.6500  
F. 214.545.6525  

**The Samaritan Inn**  
1710 N. McDonald, McKinney, TX 75071  
T. 972.542.5302  
F. 972.569.9988  

**Shared Housing Center**  
402 N. Good Latimer, Dallas, TX 75204  
T. 214.821.8510  
F. 214.828.1499  

**The Turn Around Agenda (TTA)**  
Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232  
T. 972-228-0872  
F. 972-228-1110  
Family Services: 7140 Library Lane Dallas, TX 75232  
T. 469-567-1793  
F. 972-224-0090  

**Wilkinson Center (Rapid Rehousing)**  
3402 N. Buckner Blvd., Ste. 302, Dallas, TX 75228  
T. 214.821.6380 x200  
F. 214.827.1972
MEDICAL CLINICS SERVING ALL DALLAS COUNTY

Agape Clinic at Grace United Methodist Church  T. 214.824.2744
4105 Junius St., Dallas, TX  75246
   Hours: Wed – Fri by appt; Sat 6:00 am first come, first serve
   Medical Services Offered: Family Practice, Well Woman, Dental, Neurology, Ophthalmology
   Application Process: Appointments needed weekdays; walk-ins Saturday
   Client Must Bring: No documents needed.
   Fee: $20.00 donation
   Website: www.theagapeclinic.org

CitySquare  T. 214.421.1783
2835 Grand Ave., Dallas, TX  75215
   Hours: Mon – Fri 8:00 am – 5:00 pm
   Medical Services Offered: Family (newborn – adults) & limited pharmacy services
   Application Process: Appointment required (call in)
   Client Must Bring: Some form of ID or proof of income & proof of address
   Language Options: Spanish available
   Fee: Dallas County 200% Poverty Guidelines; must not have insurance and not have government assisted insurance such as Medicare or Medicaid; do accept Children’s Medicaid, Parkland, & Chip.
   Website: www.citysquare.org

Dallas Life Clinic  T. 214.421.1380
1100 Cadiz St., Dallas, TX  75215
   Hours: 24 hr. shelter; New clients: 7 days 4:30 pm – 8:30 pm
   Service Area: Must be a shelter resident of Dallas Life
   Medical Services Offered: Family Practice all ages; Medical provider for services are Metro Care/Parkland service; only 1st 10 patients for clinic, 1st 8 for dental
   Application Process: Walk in to apply to become a shelter resident
   Client Must Bring: To become a Dallas Life Shelter resident: ID & SS for adults; ID, birth certificate, shot record, SS for children
   Fee: Must be Dallas Life resident to receive medical attention
   Website: www.dallaslife.org

Healing Hands Ministries  T. 214.221.0855
8515 Greenville Ave. Ste. N-108 Dallas, TX 75243
   Hours: Mon – Fri 9:00am – 4:00pm
   Medical Services Offered: Comprehensive Medical and Dental services including pediatric care, well-woman care, diabetes education, laboratory services, asthma education and rheumatology. See website for complete list of up-to-date services. Medicare and Medicaid accepted.
   Application Process: Appointment required
   Clients Must Bring: Proof of residency, valid photo ID, most recent pay stub of everyone in household plus any other income such as food stamps or child support, certified disability letter or section 8 housing documentation, or food stamp letter, completed enrollment forms (available on website or at the clinic)
   Application Process: Must complete enrollment process
Limits:
- Clients must live in Dallas County
- Clients must have certified disability letter, section 8 housing documentation, or food stamp letter

Website: www.healinghandsdallas.org

HOMES (Homeless Outreach Medical Services)

Medical Services Offered: Medical, dental and behavioral health services for children and adults who are homeless. Health care services are offered from five medical mobile clinics at various sites throughout Dallas County. Call for clinic locations.

Islamic Association of North Texas Clinic
840 Abrams Rd., Richardson, TX 75081

Hours: Tue and Wed 5:30 pm - 7:30 pm; Sat 9:00 am – 12:00 pm; Sun 10:00 am – 12:30 pm

Medical Services Offered: Family Practice, Internal Medicine, Gastrologist, OBGYN, Dentist

Application Process: Call for appointment

Client Must Bring: Patient must be without insurance of any kind

Website: www.iant.com

Los Barrios Unidos Community Clinic, Inc.

Women’s Services & Family Clinic: 809 Singleton Blvd., Dallas, TX 75212

Children’s Services: 3111 Sylvan Ave., Dallas, TX 75212

LBU Health Clinic (S Oak Cliff): 4732 W Illinois, Dallas, TX 75211

Children’s Dental: 809 Singleton Blvd., Dallas, TX 75212

Hours: Mon – Fri 7:00 am – 5:00 pm

Medical Services Offered: Pediatric, women’s health (pregnancy & non-pregnancy), family adult health, dentistry for children age 6 months-17 yrs, pharmacy, optometry, nutrition, podiatry, & behavioral health

Application Process: Appointment suggested

Client Must Bring: Information given upon call for appointment

Website: www.losbarriosunidos.org

Martin Luther King Jr. Family Clinic, Inc.

2922 Martin Luther King Jr. Blvd. Suite B, Dallas, TX 75215

Hours: Mon, Tue, Thu 8:00 am – 7:00 pm; Wed 10:00 am – 7:00 pm; Fri 8:00 am – 5:00 pm

Medical Services Offered: Family Practice (newborn – adult), Internal Medicine, Pediatrics, OBGYN, mammogram, general dentistry & pediatric dental, behavioral health, pharmacy

Application Process: Appointment strongly recommended, but walk-ins are welcomed and worked into schedule

Client Must Bring: Proof of income and ID, forms on website if client has web access

Fee: Sliding scale $35.00 – $150.00, takes insurance and Medicaid/Medicare

Website: www.mlkfamilyclinic.org

Metrocrest Community Clinic

Clinic 972.484.8444

1 Medical Parkway, Suite 149, Farmers Branch, TX 75234

Business 972.484.6336

Hours: Mon – Fri 9:00 am – 4:00 pm

Service Area: Farmers Branch, Carrollton, Addison, Coppell, possibly other areas
Medical Services Offered: Family Practice (ages 16-65), Ear/Nose/Throat, Gynecology (No OB care), mammogram referred out, Neuro, and Dermatology

Application Process: need to make appointment and need an intake interview to be seen

Client Must Bring: ID, proof of residency, proof of financial, 200% below poverty, uninsured

Fee: 1st visit $25.00, follow up visits $20.00, Well woman visits $50.00

Website: www.metrocrestcommunityclinic.org

Mission East Dallas
2914 Oates Dr., Dallas, TX 75228

Hours: Mon-Thurs 7:30 am – 6:00 pm, Fri 7:30 am – 1:00 pm

Medical Services Offered: Preventative care and early intervention for children and adults; chronic disease care; well women exams; urgent visits; minor procedures; primary care oriented mental health services; referrals for mammograms; referrals to specialist and community resources; screening for diabetes, hypertension, and oral hygiene; vaccinations

Application Process: Appointment required (call in)

Client Must Bring: Call for information

Fee: Call for information

Website: www.missioneastdallas.org

The Stewpot Clinic
1822 Young St. at Park Ave, Dallas, TX. 75201

Hours: Mon, Wed, Thu & Fri 8:00 am – 3:45 pm; Tue 8:00 am – 2:45 pm

Service Area: Homeless

Medical Services Offered: Medical, dental and mental health

Urban Inter-Tribal Center of Texas
1261 Record Crossing Rd, Dallas, TX 75235

Hours: Mon – Thu 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm

Service Area: Clients must be Native American and must provide a Certificate of Degree of Indian Blood to receive assistance

Medical Services Offered: Primary care

Application Process: appointments welcomed

Client Must Bring: ID or CDIB (certificate degree of Indian blood)

Fee: Free

Website: www.uihi.org
MEDICAL CLINICS DALLAS – LIMITED ZIP CODES

**Brother Bill’s Helping Hand**
3906 N Westmoreland, Dallas, TX 75212
**Clinic** 214.638.2194
**Office** 214.638.2196
**F.** 214.638.2198
**Hours:** Mon – Fri 9:00 am – 4:30 pm
**Service Area:** 75212
**Medical Services Offered:** Adult, Eye, & Women’s Health, Dental
**Application Process:** Prescreen required, free consultation, call for appointment
**Client Must Bring:** ID or bill, etc.
**Fee:** $5.00 fee for all blood/lab work & pap smear lab
**Website:** www.bbhh.org

**The Hope Clinic of Garland**
808 W. Ave. A, Garland, TX 75040
**T.** 972.485.9292
**F.** 972.485.9225
**Hours:** Mon & Wed 8:00 am – 6:00 pm; Tue 8:00 am – 5:00 pm; Thu 8:00 am – 8:00 pm; Fri 8:00 am – 3:00 pm
**Service Area:** Garland zip codes only
**Medical Services Offered:** Family Practice (newborn – adult), Internal medicine, Gynecology, Diabetes education & prescription assistance, Specialty: surgical, podiatry, eye, endocrine, cardio, women’s health, rheumatology, & urology
**Application Process:** Appointment required
**Client Must Bring:** Picture ID, proof of income, utility bill if possible
**Fee:** Charitable clinic, accepts donations only, must be uninsured and be 200% or less poverty level
**Website:** www.hopeclinic-garland.org

**Network of Community Ministries**
741 S. Sherman St., Richardson, TX 75081
**T.** 972.234.8880
**F.** 972.234.8892
**Hours:** Mon – Thurs 9:00 am – 5:00 pm, Fri 9:00 am – 12:00 pm
**Service Area:** 75042, 75044, 75080, 75081, 75083, 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254
**Medical Services Offered:** Children & adolescents clinic
**Application Process:** Appointment required, call for further information
**Client Must Bring:** Call for information
**Fee:** None
**Website:** www.thenetwork.org

**North Dallas Shared Ministries Free Clinic**
2875 Merrell Rd., Dallas, TX 75229
**T.** 214.358.8705
**Hours:** Mon, Tues, Wed, Fri: 8:15 am-3:00pm. Thurs: 8:15-12:00 noon. Mon, Tues, Thurs: 5:00 pm-close. Schedule subject to change. Calls for details.
**Service Area:** 75001, 75115, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287
**Eligibility Requirements:** Uninsured (exception: Immunizations for all children regardless of insurance status), Picture ID, Proof of residence within service area
### MEDICAL CLINICS COLLIN COUNTY

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Phone Numbers</th>
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| Plano Children’s Medical Clinic             | T. 972.801.9689  
                                           | F. 972.801.9015 |
| 1407 14th St., Plano, TX 75074              |               |
| 303 S. Hwy 78 Suite 106, Wylie, TX 75098    |               |
| **Hours:** Mon – Fri 8:30 am – 12:00 pm, 1:00 pm – 4:30 pm |               |
| **Service Area:** Collin County             |               |
| **Eligibility Requirements:** children on Medicaid, CHIP, or those without insurance |               |
| **Medical Services Offered:** Pediatrics & Friday shot clinic |               |
| **Application Process:** Appointment required |               |
| **Client Must Bring:** ID                   |               |
| **Fee:** Medicaid, Chip, and no insurance ($25.00 for 1st visit), must not have insurance to qualify for sliding scale ($5.00 – $60.00); shots $5.00, children’s physicals $100.00, lab fee $10.00 |               |

<table>
<thead>
<tr>
<th>Presbyterian Community Medical Center</th>
<th>Phone Numbers</th>
</tr>
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<tbody>
<tr>
<td>900 East Park, Suite. 100, Plano, TX 75074</td>
<td>T. 972.509.4554</td>
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<tr>
<td><strong>Hours:</strong> Mon-Fri 8:00 am – 5:00 pm (closed 12:00 pm – 1:00 pm)</td>
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<tr>
<td><strong>Service Area:</strong> Call for service area</td>
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Parkland Community Oriented Primary Care Clinics (PCOPC)

Hours: call Mon-Fri 8:00 am – 4:30 pm with questions.  
Parkland Nurse Line  
Parkland Memorial Hospital  
5200 Harry Hines Blvd, Dallas, TX 75235

NOTE: All PCOPC health centers listed below require appointments.

Bluitt-Flowers Health Center  
303 East Overton Rd, Dallas, TX 75216  
Hours: Mon-Thu 9:00 am – 6:00 pm; Fri 9:00 am – 5:00 pm

DeHaro-Saldivar Health Center  
1400 North Westmoreland, Dallas, TX 75211  
Hours: Mon-Thu 8:00 am – 6:00 pm; Fri-Sat 8:00 am – 5:00 pm (Sat. urgent care)

E. Carlyle Smith, Jr. Health Center  
801 Conover Dr, Grand Prairie, TX 75051  
Hours: Mon-Fri 8:00 am – 5:00 pm

Family Medicine Clinic  
5920 Forest Park Dr. Suite 601, Dallas, TX 75235  
Hours: Mon, Thurs, Fri 7:30 am – 5:00 pm; Tues 7:30 am – Noon; Wed 7:30 am-8:00 pm

Garland Health Center  
802 Hopkins, Garland, TX 75040  
Hours: Mon-Thurs 7:30 am-6:00 pm; Fri 8:00 am-5:00 pm

Geriatrics Center and Senior Services  
1936 Amelia Court, 1st Floor, Dallas, TX 75235  
Hours: Mon-Fri 8:00 am-5:00 pm

Hatcher Station Health Center  
4600 Scyene Rd, Dallas, TX 75210  
Hours: Mon-Thurs 7:30 am – 6:00 pm; Fri 8:00 am-5:00 pm

Irving Health Center  
1800 N. Britain Rd, Irving, TX 75061  
Hours: Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm

Oak West Health Center  
4201 Brook Spring Dr, Dallas, TX 75224  
Hours: Mon-Wed 7:30 am – 6:00 pm; Thu-Fri 8:00 am – 5:00 pm

Pediatric Primary Care Center  
6300 Harry Hines Blvd, Suite 110, Dallas, TX 75235  
Hours: Mon-Fri 8:00 am – 5:00 pm

T. 214.590.0100  
T. 214.266.8777  
T. 214.590.8000  
T. 214.266.4200  
F. 214.266.4218  
T. 214.266.0500  
F. 214.266.0554  
T. 214.266.3400  
F. 214.266.3499  
T. 214.266.0312  
T. 214.266.0700  
F. 214.266.0656  
T. 214.590.8369  
F. 214.590.6842  
T. 214.266-1000  
F. 214.266.1128  
T. 214.266.3000  
F. 214.266.3050  
T. 214.266.1450  
F. 214.266.1455  
T. 214.266.0100  
F. 214.266.0113
Southeast Dallas Health Center
9202 Elam Rd, Dallas, TX 75217
T. 214.266.1500
F. 214.266.1505
Hours: Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm

Vickery Health Center
8224 Park Ln, Suite 130, Dallas, TX 75231
T. 214.266.0350
F. 214.696.3776
Hours: Mon-Thu 7:30 am – 6:00 pm; Fri 8:00 am – 5:00 pm; Sun 8:00 am-5:00 pm urgent care

Parkland Women’s Health Center Locations
Customer Hotline: T.214.590.4900

DeHaro-Saldivar Health Center
1400 North Westmoreland, Dallas, TX 75211
T. 214.266.0580
F. 214.266.0554
Hours: Mon 8:00 am-8:30 pm; Tues closed; Wed & Thurs 8:00 am-6:30 pm; Fri. 8:00 am-4:30 pm

E. Carlyle Smith, Jr. Health Center
801 Conover Dr, Grand Prairie, TX 75051
T. 214.266.3500
F. 214.266.3535
Hours: Mon-Fri 7:30 am – 4:00 pm

Garland Health Center
802 Hopkins, 2nd floor, Garland, TX 75040
T. 214.266.0780
F. 214.266.0784
Hours: Mon, Wed, Thu 7:00 am – 6:00 pm; Tues closed; Fri 8:00 am – 5:00 pm

Hatcher Station Health Center
4600 Scyene Rd, Dallas, TX 75210
T. 214.266-1200
F. 214.266.1203
Hours: Mon-Thurs 7:30 am – 6:00 pm; Fri closed.

Irving Health Center
1800 N. Britain Rd, Irving, TX 75061
T. 214.266.3200
F. 214.266.3237
Hours: Mon, Tues, Thurs, Fri 7:30 am – 6:00 pm; Wed closed

Lake West Health Center
3737 Goldman Ave, Dallas, TX 75212
T. 214.266.0900
F. 214.266.0922
Hours: Mon, Tue, Thu, Fri 7:30 am – 6:00 pm; Closed Wed

Maple Women’s Health Center
6300 Harry Hines Blvd, Suite 600, Dallas, TX 75235
T. 214.266.0130
F. 214.266.0144
Hours: Mon, Tues, Thurs, Fri 7:30 am – 6:00 pm; Wed closed

Oak West Health Center
4201 Brook Spring, Dallas, TX 75224
T. 214.266.1400
F. 214.266.1403
Hours: Mon, Tues, Wed & Fri 7:30 am – 6:00 pm; Thurs closed

Southeast Dallas Health Center
9202 Elam Rd, Dallas, TX 75217
T. 214.266.1500
F. 214.266.1505
Hours: Mon-Thu 7:30 am – 6:00 pm; Fri closed
Vickery Health Center (prenatal care only)  
8224 Park Ln, Suite 130, Dallas, TX 75231  
T. 214.266.0266  
F. 214.266.0281  
Hours: Tues 7:30 am - 8:00 pm; Wed & Thurs 7:30 am - 6:00 pm; Fri 7:30 am - 4:00 pm; Mon closed

Parkland’s Youth & Family Health Centers  
Adamson Youth & Family Health Center  
At Adamson High School  
201 E 9th St, Dallas, TX 75203  
T. 214.266.0955  
Hours: Tues & Thurs 8:00 am - 5:00 pm

Amelia Flores/White Rock Youth & Family Health Center  
At Bryan Adams High School  
9941 Lingo Lane, Dallas, TX 75228  
T. 214.266.3130  
Hours: Tue & Thurs 8:00 am – 5:00 pm

Balch Springs Youth & Family Health Center  
At Balch Springs Middle School  
701 Cheyenne Rd, Dallas, TX 75217  
T. 214.266.0258  
Hours: Mon, Wed & Thurs 8:00 am – 5:00 pm; Fri 8:00 am - 12:00 pm

Eddie B. Johnson Youth & Family Health Center  
At Billy Earl Dade Middle School  
5000 S. Malcolm X Blvd, Dallas, TX 75215  
T. 214.266.0275  
Hours: Mon & Wed 8:00 am – 5:00 pm

Fair Oaks Youth & Family Center  
At Emmett Conrad High School  
7502 Fair Oaks Ave, Dallas, TX 75231  
T. 214.266.0200  
Hours: Tue & Thurs 8:00 am – 5:00 pm

Kiosco Youth & Family Health Center  
At Cary Middle School  
10034 Hedgeway Dr, Dallas, TX 75229  
T. 214.266.3140  
Hours: Mon & Wed 8:00 am – 6:00 pm; Fri 8:00 am – 12:00 pm

Redbird Youth & Family Health Center  
At TW Browne Middle School  
3803 Boulder Dr, Dallas, TX 75233  
T. 214.266.3290  
Hours: Tues & Thurs 8:00 am – 5:00 pm

Seagoville Youth & Family Health Center  
At Seagoville Middle School  
15800 Seagoville Rd, Dallas, TX 75253  
T. 214.266.3150  
Hours: Mon-Wed 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm
Vivian Field Youth & Family Health Center  
13551 Dennis Lane, Farmers Branch, TX 75234  
**Hours:** Mon-Thurs 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm  
**T:** 214.266.2305

West Dallas Youth & Family Health Center  
At Pinkston High School  
3131 N. Hampton Rd, Dallas, TX 75212  
**Hours:** Mon & Wed 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm  
**T:** 214.266.2300

Wilmer-Hutchins Youth & Family Center  
At Wilmer-Hutchins High School  
5520 Langdon Rd, Dallas, TX 75241  
**Hours:** Tues & Thurs 8:00 am-5:00 pm  
**T:** 214.266.3208

Woodrow Youth & Family Center  
Woodrow Wilson High School/Long Middle School  
6006 Reiger Ave, Dallas, TX 75214  
**Hours:** Mon & Wed 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm  
**T:** 214.266.3125
DENTAL CLINICS

Agape Clinic at Grace United Methodist Church
4104 Junius St., Dallas, TX  75246
  Hours: Wed – Fri by appt; Sat 6:00 am first come, first serve  
  Service Area: No zip code restrictions  
  Medical Services Offered: Cleanings and extractions. Pediatric dental screenings.  
  Application Process: Appointments needed weekdays; walk-ins Saturday  
  Client Must Bring: No documents needed.  
  Fee: $20.00 donation  
  Website: www.theagapeclinic.org

Community Dental Center of Farmers Branch/Carrollton
13551 Dennis Ln., Dallas, TX 75234  
  Hours: Mon-Thurs Thu 8:00 am – 4:30 pm  
  Service Area: City of Dallas  
  Fee: Sliding scale

Community Dental Center at Vickery Meadow
8224 Park Lane #125, Dallas TX 75231  
  Hours: Mon - Fri 8:00 am – 4:30 pm  
  Service Area: City of Dallas  
  Fee: Sliding scale

Healing Hands Ministries
8515 Greenville Ave, Ste. N-108 Dallas, TX 75243  
  Hours: Mon-Fri 8:00am – 5:00pm  
  Service Area: Dallas County residents  
  Fee: Sliding scale

Los Barrios Unidos Community Dental Clinic
809 Singleton Blvd., Dallas TX  75212  
  Hours: Mon-Fri 8:00 am – 4:00 pm (by appointment only, children only 6 mo. – 16 yrs.)  
  Service Area: Anyone  
  Fee: Sliding scale

Martin Luther King Jr. Family Clinic
2922 B Martin Luther King Jr. Blvd., Dallas, TX 75215  
  Hours: Mon, Tues, Thurs & Fri 8 am – 5 pm; Wed 10:00 am – 7:00 pm  
  Service Area: City of Dallas  
  Fee: Sliding scale

Mission East Dallas Dental Clinic
4550 Gus Thomasson Rd., Mesquite, TX 75150  
  Hours: Mon – Thurs 7:30 am – 6:00 pm; Fri 7:30 am – 4:30 pm  
  Service Area: 75040, 75041, 75042, 75043, 75044, 75049, 75050, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75231, 75243, 75253

T. 972.707.7782
T. 972.241.2259
T. 214.987.1131
T. 214.221.0855, ext. 103
T. 214.651.8693
T. 214.426.3645
T. 972.682.8917

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North Dallas Shared Ministries Dental Clinic  T. 214.358.8729
2875 Merrell Rd., Dallas, TX 75229
   Hours: Mon – Fri 9:00 am – 3:00 pm
   Service Area: 75001, 75115, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231,
   75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287
   Fee: Free

The Stewpot Dental Clinic  T. 214.746.2785
1822 Young St., Dallas, TX 75201
   Hours: Mon – Fri 8:00 am (first 8 people)
   Service Area: Homeless
   Fee: Free

Urban Inter-Tribal Center of Texas  T. 214.941.1050
209 Jefferson Blvd., Dallas, TX 75203
   Hours: Wed, Thu & Fri 8:00 am – 5:00 pm
   Service Area: Clients must be Native American and must provide a Certificate of Degree of
   Indian Blood to receive assistance
Dallas County Health and Human services provides short-term emergency financial assistance to eligible
Dallas County residents who are disabled. DCHHS’s program functions as a safety net for indigent
residents. The county’s welfare program is temporary and serves to assist residents until they are able to
return to work or until they are able to gain assistance from other resources. Walk-ins and appointments
welcome.

Services Provided: Rent, room & board, utilities, transportation, food  T. 214.819.1800

Eligibility: Dallas County residents (excluding 75287) who are disabled and without household
income, or have experienced a temporary disruption in income or had extraordinary expenses.

Client Must Bring: ID card for head of household; SS cards and proof of all income earned (or
unearned) for all household members; medical statement signed by doctor detailing patient’s
current condition and length of disability; award letters and documents detailing benefits received

Limitations: If an applicant receives housing assistance from any other source, he/she is not
eligible for welfare services provided by DCHHS.

HOPWA: Housing Opportunities for People With AIDS: housing opportunities and rent assistance
for persons with AIDS or who are HIV positive. Call for appointment.  T. 214.819.2844

CEAP: Comprehensive Energy Assistance Program: periodic utility assistance for elderly,
disabled, and working poor.  T. 214.819.1848
MENTAL HEALTH CARE

METROCARE SERVICES
Provides services for adults and children with mental retardation or mental illness in Dallas County. Some services include: in home and family support, intermediate care facilities, transitional living services, behavioral and psychiatric services, vocational development and support, early childhood intervention, homeless outreach, child/adolescent mental health programs, and programs for juvenile offenders.

For help: T. 1.877.283.2121

Administrative Office: T. 214.743.1200
1345 Riverbend Dr. Ste. 200, Dallas, TX 75247
F. 214.630.3469

Hours: Mon-Fri 8:00 am – 5:00 pm
SOCIAL SECURITY

T. 1.800.772.1213
This is a toll-free number that operates Monday through Friday from 7:00 am to 7:00 pm. Recorded information and services are available 24 hours a day/7 days a week (includes weekends and holidays) for individuals with touch-tone phones. Individuals who are deaf or hard of hearing may call the toll-free TTY number, 1.800.325.0778, Monday through Friday from 7:00 am to 7:00 pm. Please have Social Security number ready upon calling.

Social Security Disability Insurance (SSDI) – provides benefits to disabled or blind persons who are “insured” by workers’ contributions to the Social Security trust fund (i.e. “paid into the system”). No Medicaid for 2 years.

Supplemental Security Insurance (SSI) – provides assistance to low-income individuals who have never worked or who have not contributed to the Social Security trust fund (i.e. “not paid into the system”). Medicaid immediately.

Social Security Administration Locations

10824 N. Central Expressway
Dallas, TX 75231 T. 1.800.772.1213

2530 S. Malcolm X Blvd.
Dallas, TX 75210 T. 1.800.772.1213

2300 Dunson Dr.
Balch Springs, TX 75180 T. 1.800.772.1213

2475 Cliff Creek Crossing
Dallas, TX 75237 T. 1.800.772.1213
MEDICAID, *SNAP, TANF

Available through the Texas Department of Health and Human Services.
*Supplemental Nutrition Assistance Program, formerly known as Food Stamps

1228 A E. Ledbetter Dr., Dallas, TX 75216
Hours: Mon – Fri 7:30 am – 5:00 pm
Serves zip codes: 75136, 75216, 75232, 75339
T. 214.372.4671
F. 214.302.5180

1010 Cadiz, Bldg. B, Suite. 100, Dallas, TX 75215
Hours: Mon – Fri 7:30 am – 5:00 pm
Serves zip codes: 75215, 75315, 75371, 75207, 75212
T. 214.421.7722
F. 214.565.6958

2020 N. Masters Dr., Dallas, TX 75217
Hours: Mon – Fri 7:30 am – 5:00 pm
Serves zip codes: 75215, 75315, 75371, 75207, 75212
T. 972.216.0087
F. 972.882.8299

5455 Blair Rd. Dallas, TX 75231
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75205, 75209, 75214, 75230, 75231, 75240, 75241, 75251, 75254, 75372, 75382
T. 214.750.4619
F. 214.891.0513

3910 Gaston Ave. Suite 200, Dallas, TX 75204
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75201, 75202, 75204, 75206, 75210, 75219, 75221, 75223, 75226, 75242, 75246, 75250, 75270, 75313, 75360
T. 214.827.5210
F. 214.818.4898

10939 B Shady Trail, Dallas, TX 75220
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75001, 75006, 75007 (Dallas Co. only), 75008, 75220, 75229, 75234, 75235, 75244, 75247, 75248, 75252 (Dallas Co. only), 75257, 75275, 75287 (Dallas Co. only)
T. 214.351.6231
F. 214.350.0374

1111 W. Ledbetter Dr., Suite. 400, Dallas, TX 75224
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75137, 75138, 75203, 75208, 75211, 75224, 75233, 75236, 75376
T. 214.372.6370
F. 214.302.4275

1467 Acton Ave., Duncanville, TX 75137
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75104, 75115, 75116, 75137, 75154 (Dallas Co. only), 75237, 75249
T. 972.709.8075
F. 972.708.6104

2707 N. Kaufman, Ennis, TX 75119
Hours: Mon – Fri 8:00 am - 5:00 pm
Serves zip codes: 75101, 75119, 75120, 75125
T. 972.875.6571
F. 972.875.2578

801 W. Freeway, Suite 300, Grand Prairie, TX 75051
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75101, 75119, 75120, 75125
T. 972.262-4888
F. 972.642.0462
Serves zip codes: 75050, 75051, 75052, 75053

440 S. Nursery Rd, Suite 200, Irving, TX 75060
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75019, 75038, 75039, 75060, 75061, 75062, 75063

T. 972.579.3080
F. 972.579.1062

901 N. McDonald, Suite 800, McKinney, TX 75069
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75002, 75009, 75013, 75023, 75024, 75025, 75026, 75034 (Collin Co. only), 75035, 75069 (Collin Co. only), 75070, 75074, 75075, 75078 (Collin Co. only), 75080 (Collin Co. only), 75086, 75093, 75094, 75097, 75098, 75121, 75164, 75166, 75173, 75252, 75287 (Collin Co. only), 75407, 75409, 75424, 75442, 75454, 75485, 75485, 75995 (Rural)

6500 Northwest Dr., Suite 300, Mesquite, TX 75150
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75040, 75041, 75043, 75088, 75150, 75182, 75185, 75218

T. 972.681.9778
F. 972.682.3261

201 Malloy Bridge, Seagoville, TX 75159
Hours: Mon – Fri 8:00 am – 5:30 pm
Serves zip codes: 75141, 75149, 75159, 75172, 75180, 75181, 75253, 75336

T. 972.287.1174
F. 972.287.6936

1059 S. Sherman Suite 100, Richardson, TX 75081
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75042, 75044, 75045, 75046, 75047, 75048, 75080, 75081, 75082, 75083, 75085, 75089, 75238, 75243, 75355, 75374

T. 972.480.5000

3612 E. McKinney, Denton, TX 76209
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75034, 75209, 75287

T. 940.320.5700

2525 E. Hwy 75 Suite B, Kaufman, TX 75142
Hours: Mon – Fri 8:00 am – 5:00 pm
Serves zip codes: 75114, 75118, 75126, 75142, 75143, 75147, 75151, 75158, 75159, 75160, 75161, 75169, 75474

T. 972.932.9160
Women, Infants and Children (WIC)

WIC — The Special Supplemental Nutrition Program for Women, Infants and Children — is a health and nutrition program with a successful record of improving the diet of infants, children, and pregnant, postpartum and breastfeeding women. WIC provides nutrition education, nutritious foods, referrals to health and human services and breastfeeding support. Food benefits are issued for each client. Both fathers and mothers can receive and spend the benefits for their children.

Eligibility: Pregnant women; women who are breastfeeding a baby under 1 year of age; women who have had a baby in the past six months; parents, step-parents, guardians, and foster parents of infants and children under the age of 5; fathers of children under the age of 5

To locate the WIC clinic closest to your location call 1.800.942-3678
Administration: City of Dallas, Texas Department of Health and Human Services
2377 Stemmons Fwy., Suite 400, Dallas, TX 75207
Hours: Monday through Friday, 8 a.m. to 5 p.m
TEXAS DEPARTMENT OF PUBLIC SAFETY

Please see [www.dps.texas.gov/DriverLicense/identificationrequirements.htm](http://www.dps.texas.gov/DriverLicense/identificationrequirements.htm) for requirements

**Carrollton**
2625 Old Denton Rd. Ste. 464, Carrollton, TX 75007  
**Hours:** Mon, Wed, Thu, Fri 8:00 am – 5:00 pm; Tue 8:00 am – 6:00 pm  
**T.** 972.245.5800

**Cedar Hill**
116 West Beltline Ste. 2, Cedar Hill, TX 75104  
**Hours:** Mon-Fri 8:00 am – 5:00 pm  
**T.** 469.272.9301

**Dallas**
4445 Saturn Rd. Ste. A, Garland, TX 75041  
**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 7:30 am – 5:00 pm  
**T.** 214.861.3700

**Dallas**
11411 E. Northwest Highway, Suite. 111, Dallas, TX 75218  
**Hours:** Mon-Fri 8:00 am – 5:00 pm

5610 Red Bird Center Dr., Suite 500, Dallas, TX 75237  
**Hours:** Mon-Thu 7:30 am – 5:00 pm; Fri 8:00 am – 5:00 pm  
**T.** 214.330.3958

**Garland**
4445 Saturn Rd. Ste. A, Garland, TX 75041  
**Hours:** Mon-Thu 7:30 am – 6:00 pm; Fri 7:30 am – 5:00 pm  
**T.** 214.861.2125

**Irving**
1003 West 6th Street, Irving, TX 75060  
**Hours:** Mon-Thu 7:30 am – 5:00 pm; Fri 8:00 am – 5:00 pm  
**T.** 972.253.4171

**Lewisville**
400 N. Valley Pkwy., Suite 2072, Lewisville, TX 75067  
**Hours:** Mon-Fri 8:00 am – 5:00 pm  
**T.** 972.221.8081

**Plano**
2109 W. Parker Rd., Suite 224, Plano, TX 75023  
**Hours:** Mon, Wed, Thu, Fri 8:00 am – 5:00 pm; Tue 8:00 am – 6:00 pm  
**T.** 972.867.4221
AGENCY DESCRIPTIONS

Legend: SS = Social Security; BC = Birth Certificate

AIDS SERVICES OF DALLAS
PO Box 4338, Dallas, TX 75208-0338    T. 214.941.0523
                                             F. 214.941.8144

Services Offered: Permanent supportive housing: breakfast & lunch 5 days/week; Supper Club evening meals program; housing program (including assisted living and medically supportive housing); transportation; case management; medical case management and home health care

Hours: Wed beginning promptly at 9:00 am; Fri beginning promptly at 9:00 am

Eligibility Requirements: Individuals and families are served. At least one member of the household must be HIV Positive or have diagnosis of AIDS. Services provided to residents of: Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hunt, Kaufman, Navarro and Rockwall counties.

Clients Must Bring: Picture ID; SS card, if available and BC for self; proof of income; letter of diagnosis

Application Process: Walk-in

Limits: No limits

Website: www.aidsdallas.org

Email: dmaison@aidsdallas.org

AUSTIN STREET CENTRE
2929 Hickory St., Dallas, TX 75226    T. 214.428.4242
                                             F. 214.428.8158

Services Offered: Emergency overnight shelter; evening meals; showers; clean clothes; psychiatric and medical care; Work Readiness Program; Pathway House; Veterans Program; Substance Abuse Support; Women’s Program

Hours: 7 days a week, 2PM-6AM (women), 4PM-6AM (men)

Eligibility Requirements:

☐ Clients: men - 45 and up; women - 18 and up, children - with parent or legal guardian
☐ Clients must be drug and alcohol free and must present legal documentation

Clients Must Bring: Picture ID (MUST have clear photo)

Application Process: Walk-in / First Come - First Serve from beginning of intake until 6PM. Women’s intake: 2PM Monday-Saturday, 11AM Sunday; Men’s intake: 4PM daily.

Limits:

☐ Up to 425, but can adjust within fire code compliance during an emergency
☐ No set time limit for clients to stay at the shelter
☐ Maximum of 2 bags per client, each weighing a maximum of 25 pounds.

Website: www.austinstreet.org

Email: shelterspk@aol.com
BAPTIST BENEVOLENT MINISTRIES OF IRVING
114 E. 2nd St., Irving, Texas 75060
Services Offered: Food Bank
   Hours: Mon, Tue, Wed, Fri 10:00 am – 1:15 pm; Sat 10:00-11:30
   Eligibility Requirements: Client must be an Irving resident
   Clients Must Bring: Picture ID for self and all in household, proof of Irving residency (any legal mail: utility bill, car registration, etc.)
   Application Process: Walk-in
   Other Programs: Counseling available
   Website: bbmoi.org
   Email: information@bbmoi.org

THE BRIDGE
1818 Corsicana St, Dallas, TX 75201
Services Offered: Emergency and transitional shelters for both day and night, meals, health care, job assistance, legal services, benefits assistance, storage, kennel, barbershop
   Hours: 7 days per week, 24 hours; First time clients go to Welcome Building for intake process – Mon – Fri 11AM-2PM.
   Eligibility Requirements: Homeless
   Website: bridgenorthtexas.org

BRIGHTER TOMORROWS
Shelter address confidential
Mailing: 928 Bluebird Dr, Irving, TX 75061
Services Offered: Full service emergency shelter for victims of domestic violence; crisis counseling; support groups; court and hospital accompaniment; community education; licensed therapy for sexual assault; protective orders; child care; assistance with employment; transitional housing
   Hours: Shelter is open 24 hours a day, 7 days a week; Resource and counseling center is open M-F, 8 a – 5 p
   Eligibility Requirements: Client must be a victim of domestic violence or sexual assault
   Application Process: Client must call first to discuss needs. Client should call the resource and counseling center at 972.263.0506 unless experiencing a crisis, in which case the client should call the hotline 972.262.8383 (preferred)
   Website: www.brightertomorrows.net
**BROTHER BILL’S HELPING HAND**

3906 N Westmoreland, Dallas, TX 75212

Mailing: PO Box 565846, Dallas, TX 75356

T. 214.638.2196  F. 214.638.2198  Clinic 214.638.2194

**Services Offered:** Food; ESL classes; computer lab; women’s job training program; Bible study in English; School Supply Day for grades 1-5; Christmas party; Community Clinic (adult, eye, women’s, and dental); Health Education Programs; Community Grocery Store – Appointment only

**Hours:** Mon – Fri 8:30 am – 4:30 pm

**Eligibility Requirements:** Client must live in 75212

**Clients Must Bring:** Picture ID and documentation showing residence in 75212

**Application Process:** Call for appointments

**Limits:** Client may receive food 2 times per month

**Website:** bbhh.com

**Email:** helpinghand@bbhh.org

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**BUCKNER CENTER FOR HUMANITARIAN AID**

**Domestic Aid and Assistance**

5405 Shoe Dr., Mesquite, TX 75149

T. 214.367.8080  F. 214.367.8093

**Services Offered:** Food pantry; Clothing assistance; Furniture assistance; Empowerment Classes

**Hours:** Call for appointment. Monday, Tuesday, Thursday for Food and Clothing

Wednesday: Empowerment Classes for ESL, Life Skills and Job Readiness

Closed Friday for donation pick-ups. Closed weekends.

**Eligibility Requirements:** 75149, 75150, 75180, 75217, 75227

**Clients Must Bring:** Picture ID; proof of income; proof of address

**Application Process:** Call for appointment

**Limits:** Clients issued ID card for quarterly visits. Situation evaluated after 4th visit.

**Website:** buckner.org

**Email:** missions@buckner.org

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**CARE CENTER MINISTRIES**

7912 Antoinette St., Dallas, TX 75217

T. 214.824.9852  F. 214.824.3499

**Services Offered:** Food; clothes; one-year residential programs for men and women suffering from substance abuse, domestic violence or criminal history; after-school programs

**Hours:** Mon – Fri 9 am – 5 pm

**Eligibility Requirements:** 75217, 75227 for food pantry

**Clients Must Bring:** Picture ID for all adults, proof of income, expenses, address

**Application Process:**

**Limitations:**

- Clients may receive food every other week, open every Wednesday

**Website:** carecenterministries.org

**Email:** jcrane@carecenterministries.org
CATHOLIC CHARITIES—FINANCIAL STABILITY & CAREER SERVICES
9461 LBJ Freeway, Ste. 128 Dallas, TX 75243  
T. 214.526.2772  
F. 214.520.6595

Services Offered: Career services (by appointment only); food pantry (no appointment necessary)  
Website: www.catholiccharitiesdallas.org

CATHOLIC CHARITIES—IMMIGRATION & LEGAL SERVICES
9461 LBJ Freeway, Ste. 128, Dallas, TX 75243  
T. 214.634.7182

Services Offered: Citizenship Programs; Immigration Seminars; Deportation Hearings; VAWA Program  
Application Process: Clients MUST visit in person to meet with a caseworker; unable to provide immigration services over email or phone.  
Website: www.catholiccharitiesdallas.org

CATHOLIC CHARITIES—REFUGEE PROGRAMS
9461 LBJ Freeway, Ste. 128, Dallas, TX 75243  
T. 214.553.9909x126

Services Offered: ESL Classes; GED / Job Placement; Literacy & Vocational Training  
Eligibility Requirements: 75203, 75208, 75211, 75216, 75224, 75233  
Website: www.catholiccharitiesdallas.org  
Email: mfarah@ccdallas.org

CHRISTIAN COMMUNITY ACTION
200 S. Mill St., Lewisville, TX 75057  
T. 972.221.1224  
After-Hours Crisis Line: 972.436.4357

Services Offered: Food pantry; financial assistance (rent/mortgage, utilities, clothing, prescriptions, etc.); case management services; housing; training; career placement services and job search support group; special programs (summer lunches, back to school, holiday meal, Christmas toy and senior Christmas gift programs).  
Hours: Mon – Fri 9:00 am – 5:00 pm (appointments available after 5:00 pm)  
Eligibility Requirements:  
□ Christian Community Action serves the following school districts: Lewisville ISD, Lake Dallas ISD, Argyle ISD, Northwest ISD, Coppell ISD, Frisco ISD, Little Elm ISD and the Denton County portion only of Carrollton/Farmers Branch ISD  
□ Must be 19 years of age or older; prove financial need  
Clients Must Bring: Picture ID and SS cards for self and all adults in household as well as birth certificates for children; proof of address; proof of income; proof of bills (lease or mortgage); proof of 90-day residency if requesting financial assistance  
Application Process: Appointments necessary  
Limits: No set limits  
Website: www.ccahelps.org
**CITYSQUARE**
2835 Al Lipscomb Way, Dallas, TX 75215
Administrative Office: 511 N. Akard St., Ste. 302, Dallas, TX 75201
Food Pantry: 1610 S Malcolm X Blvd, Dallas, TX, 75226
Legal Clinic: 511 N. Akard St., Ste. 302, Dallas, TX 75201

T. 214.823.8710
F. 214.824.5355
Medical 214.421.1783
Pantry 469.904.7025
Legal 214.827.1000

**Services Offered:** Food; thrift store; technology training; medical and dental care; legal services; children’s programs; employment circle; affordable housing; transition services for foster care youth

**Hours:** Food pantry: Tue – Fri 9:00 am – 4:00 pm, closed 12:00 pm – 1:00 pm; Medical Clinic: Mon – Fri 9:00 am – 5:00 pm; Legal Clinic: Mon – Fri, 8:00 am – 5:00 pm

**Eligibility Requirements:** No set requirements, no citizenship status necessary

**Clients Must Bring:** Current picture ID; SS cards if possible

**Application Process:** By appointment for medical and legal assistance; walk-ins for food pantry.

**Website:** [www.citysquare.org](http://www.citysquare.org)

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**COMMUNITY BREADBASKET**
106 Malloy Bridge Rd, Seagoville, TX 75159

T. 972.287.2459

**Services Offered:** Food

**Hours:** Wed. and Fri. 10:00-11:30 am and 12:30-2:00 pm

**Eligibility Requirements:** 75159, 75114, 75253, 75172

**Application Process:** Walk-in

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**CROSSROADS COMMUNITY SERVICES** (An outreach of First United Methodist Church)
1822 Young St., 2nd Floor, Dallas, TX 75201

T. 214.560.2511
F. 214.560.2512

**Services Offered:** Food; clothing; Life Skills & Nutrition Workshop

**Hours:** Mon – Thu 8:30 am – 12:00 pm

**Eligibility Requirements:** Must be resident of City of Dallas (752__ zip code)

**Clients Must Bring:** Current original picture ID for all adults in household; original birth certificates for all under 18 (or current letter from school or Medicaid); current lease (naming ALL household residents you will be registering) or tax/mortgage statement; current proof of residence (utility bill or rent receipt with apartment stamp). Bring reusable bags to take groceries home. If homeless, must bring referral slip from The Stewpot and a photo ID or Stewpot ID to receive clothing.

**Application Process:** Walk-ins for food, clothing

**Limits:** Clients may receive food and clothes once a month

**Bus Lines:**
DART buses 207, 278, and 283 stop at CCS, between St. Paul Street and Park Avenue.
Buses 2, 184, 8, 206, and 278 stop on St. Paul Street at Young Street, half a block from CCS.

**Website:** [www.ccsdallas.org](http://www.ccsdallas.org)

**Email:** vsalinas@fumcdallas.org
DALLAS BETHLEHEM CENTER
4410 Leland Ave., Dallas, TX 75215
T. 214.428.5717

Services Offered:
Food
- Hours: Mon-Wed 10:00-2:00 so sign-up; Thurs. 1:00-3:00 food distribution
- Eligibility Requirements: 75210 & 75215
- Website: dallasbethlehemcenter.org
- Email: admin@dallasbethlehemcenter

DALLAS COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES
2377 N. Stemmons Fwy. Suite 201, Dallas, TX 75207-2710
T. 214.819.1800
F. 214.819.1810

Services Offered:
- HOPWA (Housing Opportunities for People With AIDS): mortgage, rent, utility assistance
- CEAP (Comprehensive Energy Assistance Program): utility assistance for elderly, disabled, and working poor (214.819.1848)
- Financial Welfare Assistance: financial assistance (rent, mortgage, utilities, and some food assistance) for disabled persons without income
- Food assistance
- Hours: Mon – Fri 7:45 am – 5:00 pm
- Eligibility Requirements: Clients seeking Financial Welfare Assistance must be disabled, unable to work, and under a doctor’s care; all clients must reside in Dallas County (excluding 75287). For CEAP, households with elderly/disabled residents and children 5 years of age and younger are prioritized, although others may qualify based on availability. CEAP eligibility is determined by income in the 30 days prior to application, and household must be at or below 150% of the federal poverty guideline limit.
- Clients Must Bring: Picture ID and SS cards for self and all in household; resident alien card if applicable; current doctor’s statement from M.D. or D.O. (must be within last 30 days and include name and phone number of doctor, diagnosis, how long disability will last and prognosis); proof of income; utilities bill (electric, gas and water); receipts for out of pocket expenses; proof of residence
- Application Process: By appointment or walk-in

DALLAS LIFE
1100 Cadiz St., Dallas, TX 75215
T. 214.421.1380
Mailing: PO Box 130116, Dallas, TX 75221
F. 214.426.5114

Services Offered: Shelter for homeless men, women and children (dorms for singles, private rooms for married couples and families); meals; Recovery Program; Job Placement Program; Dental and Medical clinic; clothing
- Hours: 7 days a week, check-in 4:30 pm – 8:30 pm
- Clients Must Bring: Two forms of ID (picture ID & SS card); limit 2 pieces of luggage weighing 25 pounds or less; children must have birth certificate, SS card and immunization records; married couples must have a valid marriage license to stay together
- Application Process: Walk-in
- Limits:
  - Shelter is free for the first 5 nights and then U10 for each subsequent night
A limited number of clients may stay free up to 30 days if they work at the center or join a faith-based drug/alcohol program requiring a 10-month commitment and desire to change.

Website: www.dallaslife.org
Email: info@dallaslife.org

DUNCANVILLE OUTREACH MINISTRY
202 E. Cherry St., Duncanville, TX 75116

Services Offered: Food; clothes; rent; utilities (electric and water); one-time prescription medicine

Hours: Mon – Fri 9:30 am – 3:00 pm

Eligibility Requirements: 75116 and 75137

Clients Must Bring: Picture ID (driver’s license, immigration card, or ID card); proof of residence (in the form of a utility bill or a letter from the apartment manager – do not accept lease agreements)

Application Process: Walk-in

Limits:
- Clients may receive food once a month
- Clients may receive utility assistance once a year
- Clients may receive clothing once a month during first 3 months
- Clients may receive rent/mortgage assistance once a year

Website: www.duncanvilleoutreachministry.com
Email: dom202@prodigy.net

EXODUS MINISTRIES
4630 Munger Ave, Ste. 110, Dallas, TX 75204

Services Offered: Half-way house for female ex-convicts and their families; job assessment and job counseling; classroom instruction in parenting, homemaking and budget management.

Eligibility Requirements: All services limited to female ex-convicts and their families

FAMILY GATEWAY
711 South St Paul St, Dallas, TX 75201

Services Offered: Short term and transitional housing for homeless families with children; counseling; referrals; training programs in parenting, budgeting, nutrition, and special children’s programs; job search assistance

Hours: Mon – Fri 8:00 am – 4:30 pm

Eligibility Requirements: Must be a legal resident with valid current Texas ID; must be currently living in a shelter or evicted from house or apartment with at least one child under the age of 18

Clients Must Bring: Texas ID and SS cards or BCs for all in family, shot records, current referral or eviction letters

Application Process: By appointment only
**Limits:**
- □ Limit for short term housing program is 10 weeks
- □ Limit for transitional housing program is 1 year after completing 10-week program

**Referral:** Refer client by calling to make appointment or by sending a referral letter

**Website:** www.familygateway.org
**Email:** intake@familygateway.org

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**THE FAMILY PLACE**

Mailing: PO Box 7999, Dallas, TX 75209

**Emergency Shelter Hotline** 214.941.1991
**Outreach Services:** 214.559.2170
**Batterer’s Intervention:** 214.692.8295
F. 214.443.7797

**Services Offered:** Emergency shelter for female victims of family violence, abuse, or incest; outreach counseling to victims & perpetrators of family violence, abuse, or incest; 24-hour hotline; children’s counseling; legal services; medical and dental care; day care; job and life skills training

**Hours:** Shelter intake and hotline: 24 hours a day/7 days a week; outreach services: Mon – Fri 9:00 am – 5:00 pm (some evening and Saturday times available)

**Eligibility Requirements:**
- □ Clients seeking shelter must be victims of family violence, abuse, or incest
- □ Clients seeking outreach counseling services must be either victims or perpetrators of family abuse, violence, or incest

**Clients Must Bring:** Picture ID preferred

**Application Process:** Appointment necessary for outreach services; walk-ins are taken at the emergency shelter accessed by hotline

**Limits:** Clients may stay at shelter for up to 45 days

**Website:** www.familyplace.org

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**FIRST BAPTIST CARROLLTON FRIENDSHIP HOUSE**

2400 N. Josey Ln., Carrollton, TX 75006

**T.** 972.512.3838
**F.** 1.855.512.3700

**Services Offered:** Food, clothing, small household items

**Hours:** Tues 1-4PM, Wed 9AM -12PM and 1-4PM, Thurs 9AM-12PM and 1-4PM

**Eligibility Requirements:** 75001, 75006, 75007, 75008, 75019, 75244, 75287; 75234

(food and clothes only)

**Clients Must Bring:** Valid driver’s license with valid address; rent receipt or utility receipt for proof of residence

**Application Process:** Call for appointment

**Limits:**
- □ Clients may receive food 3 times every 6 months
- □ Clients may receive clothing 2 times a year

**Website:** fbcc.org

**Email:** friendshiphouse@fbcc.org
Services Offered: Shelter for adults and children victimized by relationship violence and sexual assault; 24-hour crisis line; counseling services at outreach centers in Denton and Lewisville; services to victims are free. Outreach services: Denton 940.387.5131; Lewisville 940.387.5131

**Hours:** Denton Outreach Office: Mon – Thu 9:00 am – 8:00 pm, Fri 9:00 am – 5:00 pm; Saturday 10:00 am – 2:00 pm

**Eligibility Requirements:**
- Clients seeking shelter must be victims of relationship violence and/or sexual assault
- Clients seeking counseling must be victims or perpetrators of relationship violence and/or sexual assault

**Clients Must Bring:** No documentation required

**Application Process:** Appointments necessary, but walk-ins with emergencies will be helped

**Limits:** Based on client’s needs

**Website:** dcfof.org **Email:** info@dcfof.org

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**FRISCO FAMILY SERVICES**
8780 Third St., Frisco, TX 75034

**Mailing:** PO Box 1387, Frisco, TX 75034

**Food Pantry:** 9085 Dogwood St, Frisco, TX 75033

**Services Offered:** Emergency Financial Assistance (rent/mortgage, utilities, educational/tuition, books, employment support/uniforms, professional licenses, gas vouchers). Other assistance: Food Pantry, Angel Tree, Thanksgiving programs, clothing vouchers, school supplies

**Hours:** Mon, Tue, Thu, Fri 9:00 am – 5:00 pm; Wed 9:00 am – 6:00 pm

**Eligibility Requirements:** Clients must be residents of either Frisco or FISD

**Clients Must Bring:** Picture ID for self and all adults in household; SS cards for self and all in household; BCs for all children; proof of residence; current lease agreement or mortgage statement; copies of all household bills; proof of all income (check stubs, unemployment notice, bank statements, child support statement, Social Security/SSDI benefits statement, Food Stamps and TANF letter with benefit amount); documentation of crisis situation (doctor’s letter, medical bills, police/fire report, paid receipts for unusual/unexpected expenses)

**Application Process:** Appointments only, must come in to apply

**Limits:** Limits set on an individual basis

**Website:** www.friscocenter.org

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**GENESIS WOMEN’S SHELTER**
Mailing: 4411 Lemmon Ave, Ste. 201, Dallas, TX 75219

**Services Offered:** Emergency shelter; food; clothes; crisis intervention; parenting training; play therapy; shelter aftercare support services; counseling, transitional housing, Community House

**Hours:** 24 hours a day/7 days a week
Eligibility Requirements: Clients seeking services must be women (with or without children) coping with intimate partner violence, which can include physical, emotional, verbal, and/or sexual abuse. To qualify for rent-free transitional housing for up to 12 months, a mother must work and save a portion of her income.

Clients Must Bring: Valid state-issued ID; SS cards and BCs for children

Application Process: Call to determine if shelter can help; intake procedures performed by phone and typically take 30 minutes.

Limits: Clients may stay at the shelter up to 6 weeks; transitional housing up to 18 months.

Website: www.genesisshelter.org

GOOD SAMARITANS OF GARLAND
214 N. 12th St., Garland, TX 75040

Services Offered: Food only

Hours: Mon – Fri 9:00 am – 3:30 pm (closed noon-1:00 pm).

Eligibility Requirements: Residents of Garland, Rowlett, Sachse

Clients Must Bring: Picture ID for self and all in household above 18; BCs for all in household below 18; current bills; proof of income; green card (if resident alien)

Application Process: For food, call Friday morning for appointment the following week. For utilities, call Monday morning for appointment that week.

Limits: All clients can receive food once every 90 days; Senior citizens can receive utility assistance every 90 days; all others once a year.

Website: www.goodsamofgarland.org

Email: info@goodsamofgarland.org

GOOD SHEPHERD LUTHERAN CHURCH FOOD PANTRY
2620 W. Grauwyler Rd., Irving, TX 75061

Services Offered: Food only

Hours: Saturday mornings 9:30 am – 12:30 pm

Eligibility Requirements: Clients must be Irving residents

Clients Must Bring: Proof of Irving address; ID for all household members

Application Process: Walk-in

Limits: Clients may receive food up to three times with at least a month between each visit.

Website: www.gslcirving.com

Email: mail@gslcirving.com

GRACE PLACE CHURCH OF CHRIST – FOOD PANTRY
402 W. Danieldale, Duncanville, TX 75137

Services Offered: Food

Hours: Office Hours: Mon 10:00 am – 12:00 pm, Tue 3:00 pm – 5:00 pm

Eligibility Requirements: Clients must reside in 75116, 75137, 75138, 75236, 75237, 75249

T. 972.276.2263
F. 972.487.8253

T. 972.790.2121
F. 972.790.2121

T. 972.298.4656
F. 972.298.4829

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Clients Must Bring: Picture ID
Application Process: Walk-in
Limits: Once in 30 days (drop in or long term)
Website: www.ourgraceplace.org

GRAND PRAIRIE FOOD AND CLOTHING ASSISTANCE CO-OP
118 N.E. 4th St., Grand Prairie, TX 75050

Services Offered: Food; clothes; prescriptions; gasoline vouchers
Hours: Tue – Fri 9:00 am –11:30 am
Eligibility Requirements: 75050, 75051, 75052, 75053, 75054
Clients Must Bring: Picture ID for self; BCs or school IDs for children; proof of address
Application Process: Walk-in
Limits:
   □ Clients may receive food and clothing 3 times per year. Emergency exceptions possible
   □ Clients may receive financial assistance once in 12 months
Website: sites.google.com/site/gpfcco/home
Email: gpfood-clothing@sbcglobal.net

GRAND PRAIRIE UNITED CHARITIES
1417 Densman St., Grand Prairie, TX 75051

Services Offered: Food Pantry, Rent/Mortgage/Shelter, Utility Assistance (electric, gas, water),
          Prescription, Info & Referrals
Hours: Mon – Thurs 9:00 am – 1:00 pm (Last sign-in at 1:00 p.m., closed Fridays)
Eligibility Requirements: Grand Prairie resident
Clients Must Bring: Picture ID for all adult household members, Social Security Cards for all
          members of the household, proof of Income for the past 30 days, proof of residency (lease or
          mortgage statement)
Application Process: Walk-ins taken for food or medicine; appointments necessary for
          rent/mortgage/utility assistance
Limits:
   □ Clients may receive food once every 30 days
   □ Clients may receive financial assistance once every 12 months
Referrals: Refer client by making a phone call and with information about client’s situation
Website: www.gpuc.org
Email: unitedcharities@sbcglobal.net

HEALING HANDS MINISTRIES
8515 Greenville Ave. Ste. N-108 Dallas, TX 75243

Mailing: P.O. Box 741524 Dallas, TX 75374
T. 214.221.0855
F. 214.221.1437
**Services Offered:** Comprehensive Medical and Dental services including pediatric care, well-woman care, diabetes education, laboratory services, asthma education and rheumatology. See website for complete list of up-to-date services. Medicare and Medicaid accepted. Transportation is offered for any appointment made through the Healing Hands office.

**Hours:** Mon – Fri 9:00am – 4:00pm  
**Eligibility Requirements:** medically disadvantaged residents of Dallas County  
**Clients Must Bring:** Proof of residency, valid photo ID, most recent pay stub of everyone in household plus any other income such as food stamps or child support, certified disability letter or section 8 housing documentation, or food stamp letter, completed enrollment forms (available on website or at the clinic)  
**Application Process:** Must go through enrollment process and make an appointment to be seen.  
**Limits:**
- Clients must live in Dallas County
- Clients must have certified disability letter, section 8 housing documentation, and food stamp letter  
**Website:** [www.healinghandsdallas.org](http://www.healinghandsdallas.org)

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**HIGHLAND OAKS CHURCH OF CHRIST—CARING AND SHARING**  
10805 Walnut Hill Lane, Dallas, TX 75238  
T. 214.342.6040  
F. 214.342.6043

**Services Offered:** Food; clothes  
**Hours:** Mon- Thurs 12-4PM (by appointment only)  
**Eligibility Requirements:** 75238, 75243  
**Clients Must Bring:** Picture ID for self; proof of address (lease) listing all in household; proof of income for household  
**Application Process:** Walk-ins taken during the day for clients who want help with food; appointments required for clothes on Wed afternoon and for food and clothing during evening hours  
**Limits:**
- Clients may receive help with food once every 3 months
- Clients may receive help with clothing once every 6 months  
**Website:** [www.hocc.org/care-and-concern/caring-and-sharing](http://www.hocc.org/care-and-concern/caring-and-sharing)  
**Email:** mhmorris@hocc.org

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**HOLY CROSS CATHOLIC CHURCH SPECIAL FUND**  
4906 Bonnie View, Dallas, TX 75241  
T. 214.375.3715  
F. 214.375.2511

**Services Offered:** Food  
**Hours:** Mon, Wed, Fri 10:00 am – 1:00 pm  
**Eligibility Requirements:** 75216, 75241; homeless clients are served  
**Clients Must Bring:** Picture ID with zip code, proof of income (including benefits); proof of address (utility bill, lease agreement, etc.), social security cards for all in household  
**Application Process:** Walk-ins for homeless clients; clients in zip codes must make appointment  
**Limits:** Clients may receive food 6 times a year
**HOLY TRINITY CENTER**

3826 Gilbert Ave., Dallas, TX 75219

T. 214.521.3719

F. 214.521.3724

**Services Offered:** Food; referrals

**Hours:** Tue and Thu 9:00 am – 12:00 pm; Sat 10:00 am – 1:00 pm

**Eligibility Requirements:** 75201, 75204, 75205, 75209, 75219, 75226, 75235

**Clients Must Bring:** Photo ID; BCs for all children; proof of income; original utility bills; current lease

**Limits:**

- Clients may receive food assistance once a month
- Seniors or disabled persons may receive food assistance every 2 weeks

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**HOPE’S DOOR NEW BEGINNING CENTER**

860 Ave F. St. 100, Plano, TX 75074

Plano T. 972.422.2911

218 N. 10th St., Garland, TX 75040

Garland T. 972.276.0423

24-hr 972.422.7233

24-hr 972.276.0057

F. 972.423.4154

**Services Offered:** Shelter for abused women and their children; counseling for victims and batterers

**Hours:** Hotline and shelter: 24 hours every day of the week; Counseling for victims: Mon – Thu 8:00 am – 5:00 pm; Counseling for batterers: Mon – Sat 8:00 am – 5:00 pm;  

**Eligibility Requirements:** Client must be an abused woman

**Application Process:** Client should call hotline

**Limits:** Clients may stay at the shelter for up to 30 days; rental assistance for transitional housing available for up to 24 months

**Website:** www.hopesdoorinc.org

**Email:** info@hopesdoorinc.org

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**HOUSING CRISIS CENTER**

4210 Junius St., Dallas, TX 75246-1429

T. 214.828.4244

F. 214.466.7209

**Services Offered:** Limited short/long term transitional housing programs for individuals with mental health or substance abuse issues or for homeless families with children; permanent housing programs for veterans and their families; landlord/tenant law workshops; telephone counseling for tenant/landlord issues.

**Hours:** Mon – Fri 9:00 am – 5:00 pm; Landlord/tenant law workshops on 2nd and 4th Wednesdays 5:00-8:00 pm

**Application Process:** Rental (no mortgages) and utility assistance by appointment only. Walk-ins for housing programs will be given an application and contacted later.

**Language Options:** Spanish translator available on Mondays and Wednesdays as shown above.

**Limits:**

- One month’s rent or utility payment decided on an individual basis
- Limit for short term transitional housing is 120 days
• Limit for long term transitional housing is 2 years
• No limits for telephone counseling or legal workshop.

Requirements: For financial assistance for rent and utilities: Clients must have a proven financial emergency in the last 30-60 days; have income to pay their bills in the month following; Current Picture ID and Social Security cards for all family members; Proof of income from employment or award letter; apartment/housing lease; utility bill and disconnect notice for utility assistance. Clients can also receive short term case management.

Website: www.hccdallas.org
Email: hccdallas@hccdallas.org

HUMAN RIGHTS INITIATIVE OF NORTH TEXAS
2801 Swiss Ave, Dallas, TX 75204 T. 214.855.0520

Services Offered: Free legal services for immigrants who have been victims of violence in US or abroad; assistance in asylum cases; help for immigrant children who have been abused or neglected

Hours: Mon – Fri 9:00 am – 12:00 pm, 1:00 pm – 5:00 pm
Application Process: Call to make appointment
Website: www.hrionline.org

INTERFAITH FAMILY SERVICES
5600 Ross Ave, Dallas, TX 75206 T. 214.827.7220 Ext. 100
F. 214.451.3198

Services Offered: Home & Hope Transitional Living Program: A transitional housing program for working poor families who are homeless and willing to work toward long-term self-sufficiency. Services include: housing, job search and career planning, vocational training and GED assistance, financial literacy training and budget mentoring; after school and summer camp that provide tutoring for children grades K-6; teen program for grades 7-12; counseling for all ages.

Hours: Mon – Fri 9:00 am – 5:00 pm

Home & Hope Eligibility Requirements:

☐ Clients must be 18 years of age or older
☐ Must be homeless or have an eviction notice
☐ Parents must have remained employed on one job 9 mos or longer in past 3 years
☐ Clients must have legal custody of all children
☐ No infants younger than 8 weeks
☐ May not have a criminal history of a sexual or violent nature
☐ All clients must have been drug free for at least 1 year

Home and Hope Clients Must Bring: Adults will need their picture ID, SS card and BC; children’s SS cards, BC and shot records.

Application Process: Applicants complete initial screening for eligibility. Eligible applicants only are scheduled for application completion and in-office interview.

Program Length: Program duration varies. Average length of stay is 7-12 months.
Website: www.interfaithdallas.org
Email: scoordinator@interfaithdallas.org

**IRVING CARES**
440 South Nursery Rd. Suite 101, Irving, TX 75060
Mailing: PO Box 177425, Irving, TX 75017-7425

**Services Offered:** Food pantry; limited rent and utilities assistance; employment services
**Hours:** Mon – Fri 9:00 am – 3:30 pm, Job Search Seminar every Wed 10:00 am - 12:00 pm
**Eligibility Requirements:** Client must be Irving resident; for financial assistance, client must have lived in Irving for 6 months and in specific location for 3 months; client needs to have earned income (can be Social Security, worker’s comp etc)
**Clients Must Bring:** Picture ID for all in household; proof of Irving residency; SS card not required
**Application Process:** Walk-in for food; telephone screening required financial assistance
**Limits:** Clients may receive food 6 times per year

Website: irvingcares.org
Email: icares@irvingcares.org

**JEWSH FAMILY SERVICES OF GREATER DALLAS**
5402 Arapaho Rd., Dallas, TX 75248

**Services Offered:** Food; job counseling services including: Job Resource Center, Networking Group, Employment Resource Group, career workshops
**Hours:** Mon, Tue, Wed 8:30 am – 8:00 pm; Thu 8:30 am -6:00 pm; Fri 8:30 am – 5:00 pm; food pantry: Tue, Thu, Fri 9:00 am-1:00 pm by appointment; Job Resource Center: Mon – Fri 9:00 am – 3:00 pm, Tue 6:00 pm – 8:00 pm; Job Resource Center: Mon – Fri 12:00 pm – 3 pm
**Eligibility Requirements:** Food is provided for qualified residents of the following North Dallas and Carrollton zip codes: 75209, 75220, 75225, 75229, 75230, 75231, 75234, 75238, 75240, 75243, 75244, 75248, 75252, 75254, 75287, 75001, 75006, 75007, 75010, 75011
**Clients Must Bring:** Picture ID and SS cards for self and all in household; lease agreement; utility bill; proof of income
**Application Process:** Appointments required
**Language Options:** Spanish speakers available
**Limits:** Clients may receive food once a month

Website: www.jfsdallas.org  Email: info@JFSDallas.org

**THE MAGDALEN HOUSE**
1302 Redwood Circle, Dallas, TX 75218

**Services Offered:** A 14-day non-medical detox program that provides women addicted to alcohol a safe place to withdraw and introduces them to a 12-step recovery program.
**Hours:** Mon - Sun 9:00 am – 9:00 pm for admissions, Mon – Sun 9:00 am – 5:00 pm for screenings

T. 214.324.9261
F. 214.324.5299
Eligibility Requirements: Client must be a woman who desires to be sober; client must have consumed alcohol within past 72 hours; Magdalen House serves all women from all states.

Clients Must Bring: Picture ID; 3-4 outfits; no alcohol products

Application Process: Client must call first for intake screening process; no walk-ins taken

Website: www.magdalenhouse.org   Email: info@magdalenhouse.org

MARTIN LUTHER KING, JR. COMMUNITY CENTER
2922 MLK Jr. Blvd., Room 135, Dallas, TX 75215

For Appts. 214.670.8416
T. 214.670.8442
F. 214.670.8522

Services Offered: Food; rent and utilities assistance; counseling and referral services; educational programs (computer technology program, GED); Thanksgiving baskets; Christmas toys

Hours: For appointments, call Mon or Wed 9:00 am

Eligibility Requirements: Clients must live in the City of Dallas for rent assistance

Clients Must Bring: Current Texas ID for self and all adults in household; SS cards for all in household; proof of income; bill for which assistance is needed; proof of emergency need (eviction or termination notice); lease agreement; receipts for other expenses

Application Process: Client to call in advance to make appointment; the appointment line opens at 9:00 am on Mon and Wed. Appointments are scheduled 2 days out.

Limits: Utility assistance available for TXU only

MEALS ON WHEELS (VISITING NURSES ASSOCIATION)
1600 Viceroy Drive, Suite 400, Dallas, TX 75235

T: 214.689.0000
F: 214.631.7554

Services Offered: provides hot, nutritious, freshly prepared meals five days a week delivered to Dallas County residents who can’t provide for themselves due to illness, advanced age or disability

Hours: 

Eligibility Requirements: be over the age of 60 or disabled; be unable to drive or leave your home without assistance; limited financial resources; live in Dallas County

Clients Must Bring:

Application Process: Complete application.

Website: www.vnatexas.org.

Email: mow@vnatexas.org

MESQUITE CHURCH OF CHRIST FOOD PANTRY
217 S. Locust, Mesquite, TX 75149

Services Offered: Food

Hours: Tue, Wed, Thu 10:00 am -2:00 pm

Eligibility Requirements: 75040, 75041, 75042, 75043, 75087, 75088, 75089, 75098, 75114, 75126, 75142, 75149, 75150, 75159, 75160, 75161, 75180, 75181, 75182

Clients Must Bring: Picture ID; proof of address (utility bill or lease)
Application Process: Walk-in
Limits: Clients may return for food once a month

MESQUITE SOCIAL SERVICES
1035 Military Pkwy., Mesquite, TX 75149
T. 972.285.3000
F. 972.216.1470

Services Offered: Individuals in short-term crisis. Food, rent, utility assistance, GED assistance, and budget counseling
- **Hours:** Pantry Hours: Tues & Fri: 9:00 am; Thrift Store: Mon – Fri 10:00 am – 5:00 pm, Sat 10:00 am – 2:00 pm, Financial Aid: Wednesday appointments
- **Eligibility Requirements:** Mesquite, (TXU & Atmos only)
- **Clients Must Bring:** Proof of crisis is required. Food Pantry – picture ID, proof of residence.
- **Application Process:** Financial assistance calls Fri from 8:30 – until booked; walk-ins for food
- **Limits:** Financial Aid is only available on Wednesdays. Must have picture ID, SS card, and utility bill or mortgage/lease statement.
- **Website:** www.mesquitesocialservices.org

METROCREST SERVICES
13801 Hutton Dr., Suite 150, Farmers Branch, TX 75234
T. 972.446.2100
F. 214.694.2171

Services Offered: Short term emergency assistance includes: rent, utilities, some medical assistance; employment program, thrift store, food pantry, and food stamp sign-up
- **Hours:** Mon – Fri 8:00am – 5:00pm; Sat 9:00am – 1:00pm
Eligibility Requirements: Residents of Carrollton, Farmers Branch, Addison, Coppell, 75287 in Denton County
Clients Must Bring: Picture ID or Birth Certificate for all in household, proof of address (lease or mortgage), and proof of income
Application Process: Appointments preferred; walk-ins taken (call to confirm priority and need)
Website: www.metrocrestservices.org

MISSION OAK CLIFF
111 S. Beckley, Dallas, TX 75208
T. 214.942.6407
F. 214.942.8606

Services Offered: Client-choice food pantry; clothing; classes (current offerings: ESL, job skills, nutrition, exercise, citizenship; planned for fall 2016: GED, computer literacy); community garden; assistance with Medicaid and SNAP
Hours: Pantry: Monday- Friday, 12:00- 3:00 pm; clothing: Tuesday and Friday, 12:00- 2:30 pm; classes: Monday- Friday, 9:00 - 11:00 am, Wednesday, 6:00-7:30 pm
Eligibility Requirements: Must be resident of one of the following zip codes: 75203, 75208, 75211, 75216, 75224
Clients Must Bring: ID for adults (picture ID preferred), documentation for children (SS, BC, school ID, shot record, Medicaid card, report card, baptismal certificate all acceptable), proof of address
Application Process: Walk-in
Limits: once per month for a total of 6 times in a calendar year. Extra service times can be earned by completing classes
Website: clifftemple.org
Email: marsha@clifftemple.org

MOSAIC FAMILY SERVICES
4144 N. Central Expy Suite 530, Dallas, TX 75204
T. 214.821.5393

24-hr Hotlines:
Domestic Violence: 214.823.4434
Human Trafficking: 214.823.1911
Shelter: 214.823.4434
F. 214.821.0810

Services Offered: Shelter, legal representation, counseling, education & support services in more than 25 languages; 24-hour hotlines for domestic violence & human trafficking victims
Hours: Shelter: 24/7; Office: Mon – Fri 9:00 am – 5:00 pm; Weekends as needed
Eligibility Requirements: Youth substance abuse prevention program clients must live in Dallas County; All others must be victim of domestic violence or human trafficking
Application Process: Call for appointment
Website: www.mosaicservices.org
Email: sumayyahc@mosaicservices.org
MT. OLIVE LUTHERAN CHURCH FOOD PANTRY
3100 MLK Boulevard, Dallas, TX 75215
T. 214.428.2892
F. 214.428.2892

Services Offered: Food; snack packs for homeless
Hours: Wednesdays, 11:00 am – 2:00 pm
Eligibility Requirements: 75210, 75215
Clients Must Bring: Valid ID; proof of address; proof of income; (no credentials are needed for the homeless); SS cards for everyone in the household needing assistance
Application Process: Must call for appointment
Limits: Clients may receive food once a month for 3 months and then must stop services for 3 months before being eligible for 3 more months of service.

MT. TABOR BAPTIST CHURCH
3700 Simpson Stuart Rd, Dallas, TX 75241
T. 972.225.1704
F. 972.225.4811

Services Offered: Food; clothes
Hours: Food Pantry Wed 10:00 am – 12:00 pm; Clothes Closet: 3rd Saturday of each month, 10:00 am – 2:00 pm
Eligibility Requirements: 75241, 75141
Clients Must Bring: Proof of address; proof of dependents
Application Process: Walk-in for food and clothes
Limits:
- Clients may receive food 6 times per year (once a month for 1 year)
- There are no set limitations for receiving clothes
Website: www.mttaborbc.org

NEWMAN PARK CHRISTIAN CENTER FOOD PANTRY
7922 Fairport Rd., Dallas, TX 75217
T. 214.398.1591

Services Offered: Food
Hours: Mon and Thurs 11:30-1:30
Eligibility Requirements: 75217, 75180
Clients Must Bring: Appointment phone call will clarify necessary documentation; usually picture ID and SS cards for self and for all in household; proof of address
Application Process: Appointment required

NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)
741 S. Sherman St., Richardson, TX 75081
T. 972.234.8880
F. 972.234.8892

Services Offered: Food; clothes; utilities assistance; adolescents’/children’s clinic; prescriptions; dental referrals; senior citizen aid; job resource center; apply for health & human services onsite
**NEXUS RECOVERY CENTER**
8733 La Prada Drive, Dallas, TX 75228

**Services Offered:** Nexus serves low income women age 13 and older who are addicted to drugs and alcohol, along with their accompanying children. Clients served come from Dallas, Collin, Ellis, Kaufman, Rockwall, Ellis, Hunt, and Navarro counties. Please call for more information on their programs.

**Hours:** Admissions hours are Mon – Fri 8:00 am – 6:00 pm

**Eligibility Requirements:** Most insurance plans are accepted and many clients are eligible for government support such as NorthSTAR and Medicaid; will accept pregnant women and women with children outside of areas serviced

**Clients Must Bring:** Clients should call for appointment and be told what to bring; items usually consist of: picture ID (if available); proof of residency (required by NorthSTAR and DSHS); SS card (if available); proof of income (required by NorthSTAR and DSHS if client is employed)

**Application Process:** Clients should call 214.321.0156, ext. 3118 to make an appointment

**Language Options:** Spanish speakers available

**Limits:** Clients may return to Nexus after initial treatment; eligibility is on a case-by-case basis

**Website:** www.nexusrecovery.org

**Email:** info@nexusrecovery.org

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**NORTH DALLAS SHARED MINISTRIES**
2875 Merrell Rd., Dallas, TX 75229

**Services Offered:** Food; clothes; rent and utilities (electric, gas, water) assistance; IDs and BCs; gas vouchers; bus tokens; eye exams and glasses; school supplies and school uniforms; job counseling; English as Second Language classes; Friday Food Basket Program for seniors 60+; People and Nutrition (PAN) site; assistance with CEAP applications for seniors and disabled; medical clinic for adults and children without insurance; women’s clinic for breast exams and pap smears; emergency dental care for adults (see p. 33 for medical clinic info); income tax preparation

**Hours:**

**Emergency Aid Center:** Mon – Fri 9:00 am – 3:00 pm, Sat 9:00 am – 11:30 am

**Clothes Closet:** Mon–Fri 9:30 am – 2:00 pm, Sat 9 am – 11:30 am

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Eligibility Requirements: 75001, 75115, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, 75287; job counseling services are open to all in the city of Dallas; all seniors are eligible for Friday Food Basket program  
Clients Must Bring: Picture ID and SS cards for all in household; BCs for children not born in US; proof of address; proof of income; phone number of employer; receipts of recent expenses; utility bills; late notice from landlord  
Application Process: Walk-in  
Limits:  
☐ Clients may receive food 8 times in a six-month period  
☐ Clients may receive clothing 3 times in a 12-month period  
☐ Clients may receive financial assistance once in a 12-month period  
Website: www.ndsm.org  
Email: admin@ndsm.org

OUR DAILY BREAD (Community Outreach Connection, Inc.)  
6960 S. Polk St. Dallas, TX 75232  
T. 214.371.2633  
F. 214.372.2454

Services Offered: Food; clothes  
Hours: Mon 10:00 am – 2:00 pm, Wed 5:00 pm – 7:00 pm, Fri 8:00 am – 12:00 pm, Sat 9:00 am – 1:00 pm (clients must arrive 15 minutes before closing to receive service)  
Eligibility Requirements: 75216, 75224, 75232, 75237, 75241  
Clients Must Bring: TX ID or driver’s license for adults; Green Card (if necessary); proof of address, proof of income, for children BC, Medicaid, and/or school records  
Application Process: Walk-in  
Language Options: No Spanish speakers available; translation assistance can be provided  
Limits:  
☐ Seniors and disabled clients may receive food and clothing once a month  
☐ Other clients may receive food and clothing once a month for three months, then services are provided once a quarter

OUR FRIENDS PLACE  
6500 Greenville Ave Suite 620, Dallas, TX 75206  
T. 214.520.6268  
F. 214.526.6219

Services Offered: Transitional Living Center (TLC) for young women ages 18-24 who are not yet pregnant or parenting; must be willing to obtain a job and continue education; each have their own bedroom in a shared apt. living situation; receive ongoing case management; life & job skills training, employment assistance, assistance in enrolling in education or vocational program; each young woman pays affordable rent based on working part-time or full-time and 10% for a deposit/savings account; young women are responsible for their own food, clothing, and personal care items; may remain as long as they are meeting program expectations, progressing in education, and are employed.  
Hours: Office: Mon – Fri 9:00 am – 4:30 pm
Eligibility Requirements: Young women ages 18-24; must be able to be legally employable in US and willing and able to enroll in an education or vocational program; must be able to pass a drug test and not be pregnant or parenting.

Clients Must Bring: Must bring or obtain shortly after entering - picture ID, SS card, birth certificate

Application Process: No walk-ins; call in to complete phone application, followed by face-to-face assessment scheduled at office

Website: www.OurFriendsPlace.org

Email: info@OurFriendsPlace.org

PATHWAY OF LIFE CHURCH METROBLESS FOOD PANTRY
8201 Scyene Rd., Dallas, TX 75227

Services Offered: Food

Hours: Saturdays 8:00 am – 12:00 pm

Eligibility Requirements: 75149, 75217, 75227, 75228

Clients Must Bring: Picture ID; proof of address; BCs, school ID, or SS for children; proof of income (includes section 8, food stamps, unemployment etc.)

Application Process: Walk-in or call ahead to reserve appointment time

Limits:
- Clients are allowed food once a month

PILGRIM REST BAPTIST CHURCH CRISIS MINISTRY
3516 Munger Ave., Dallas, TX 75204

Services Offered: Rent and Utility assistance

Hours: Mon – Thu: 11:00 am – 3:00 pm

Eligibility Requirements: Income Crisis

Clients Must Bring: Picture ID; Income Verification, Late Payment Notice

Application Process: Appointment only; call 214.821.4443

PROMISE HOUSE
224 W. Page, Dallas, TX 75208

Services Offered (youth shelter): 24-hour emergency/crisis intervention; on site DISD school for youth; therapeutic groups; psychiatric services; recreational programs, case management and positive incentive’ transitional living; Wesley Inn maternity shelter

Hours: Shelter Hours: 24 hours a day/7 days a week, intake between the hours of 8:00 am and 5:30 pm; Office Hours: Mon – Fri 8:30 am – 5:30 pm

Eligibility Requirements: For youth shelter, need to be 10 – 17 years old; runaway/homeless/serious family conflict; voluntary entrance with parental consent; unless in CPS custody, legal guardian must participate

Application Process: Walk-in basis for shelter

PATHWAY OF LIFE CHURCH METROBLESS FOOD PANTRY
8201 Scyene Rd., Dallas, TX 75227

T. 214.275.7284
F. 214.275.8835

Services Offered: Food

Hours: Saturdays 8:00 am – 12:00 pm

Eligibility Requirements: 75149, 75217, 75227, 75228

Clients Must Bring: Picture ID; proof of address; BCs, school ID, or SS for children; proof of income (includes section 8, food stamps, unemployment etc.)

Application Process: Walk-in or call ahead to reserve appointment time

Limits:
- Clients are allowed food once a month

PILGRIM REST BAPTIST CHURCH CRISIS MINISTRY
3516 Munger Ave., Dallas, TX 75204

T. 214.821.4443
F. 214.821.4474

Services Offered: Rent and Utility assistance

Hours: Mon – Thu: 11:00 am – 3:00 pm

Eligibility Requirements: Income Crisis

Clients Must Bring: Picture ID; Income Verification, Late Payment Notice

Application Process: Appointment only; call 214.821.4443

PROMISE HOUSE
224 W. Page, Dallas, TX 75208

T. 214.941.8578
F. 214.941.8670

Services Offered (youth shelter): 24-hour emergency/crisis intervention; on site DISD school for youth; therapeutic groups; psychiatric services; recreational programs, case management and positive incentive’ transitional living; Wesley Inn maternity shelter

Hours: Shelter Hours: 24 hours a day/7 days a week, intake between the hours of 8:00 am and 5:30 pm; Office Hours: Mon – Fri 8:30 am – 5:30 pm

Eligibility Requirements: For youth shelter, need to be 10 – 17 years old; runaway/homeless/serious family conflict; voluntary entrance with parental consent; unless in CPS custody, legal guardian must participate

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Hours: Shelter Hours: 24 hours a day/7 days a week, intake between the hours of 8:00 am and 5:30 pm; Office Hours: Mon – Fri 8:30 am – 5:30 pm

Eligibility Requirements: For youth shelter, need to be 10 – 17 years old; runaway/homeless/serious family conflict; voluntary entrance with parental consent; unless in CPS custody, legal guardian must participate

Application Process: Walk-in basis for shelter
Limits: Clients may stay in shelter for up to 30 days; if suicide attempt in last 30 days and serious violence problems, client will be referred for psychiatric evaluation; Transitional Living for single males and females ages 18 – 21 with no probation. Transitional Living for parents with children also available.
Website: www.promisehouse.org

RECONCILIATION OUTREACH PROGRAM
1421 N. Peak St., Dallas, TX 75204
T. 214.545.6500
F. 214.545.6525

Services Offered: Must be enrolled in the program to receive food; clothes; employment opportunities; after-school tutoring; summer programs; day camps; housing for homeless/needy men and women enrolled in program
Hours: Mon – Thu 9:00 am – 5:00 pm, closed Friday
Eligibility Requirements: No violent crimes, no sex offenders
Clients Must Bring: Texas ID; SS cards for self and all in household
Application Process: Appointments required
Limitations: Men & women 18 & older
Website: www.rodallas.org

RESOURCE CENTER OF DALLAS
2701 Reagan St., Dallas, TX 75219-0869
T. 214.528.0144
F. 214.522.4604

Services Offered: Hot meals; food pantry; insurance assistance; dental; blood work; drug trials; education; Bohnett Cyber Center, computer access (open to public)
Hours: Mon – Fri 9:00 am – 6:00 pm
Eligibility Requirements: Clients must be HIV positive to qualify for assistance.
Clients Must Bring: Proof that HIV positive; proof of address; proof of income; referral documents from caseworker.
Renewing Clients Must Bring: Photo ID; current proof of address; current proof of income.
Application Process: Appointment Only: Mon – Fri 9:00 am – 4:00 pm.
Website: www.myresourcecenter.org

RICHARDSON EAST CARE CORPS
1504 East Campbell Rd., Richardson, TX 75081
T. 972.231.8231
F. 972.231.5660

Services Offered: Food; rent and utilities assistance; Christmas toys children 16 and younger
Hours: Financial: call for appointment (see below) ; Food (Walk-ins): Tue & Thu 12:00 pm – 2:30p, Wed 6:00 pm
Eligibility Requirements: 75042, 75044, 75080, 75081, 75082, 75231, 75238, 75240, 75243, 75248, 75252, 75254
Clients Must Bring: Picture ID for self; SS cards for all in household; proof of address; copy of lease for rental assistance; copy of utility bill for utility assistance; last pay stub
Application Process: Financial appointments required – call Thurs 10:00 am – 11:00 am
Limits:
☐ Clients may receive food every 30 days
☐ Clients may receive financial assistance every 12 months or twice in 5 years

Website: www.carechurch.org
Email: carecorps@carechurch.org

SALVATION ARMY—CARR P. COLLINS SOCIAL SERVICE CENTER
5302 Harry Hines Blvd., Dallas, TX 75235
Mailing: PO Box 35928, Dallas, TX 75235-0928

Services Offered: Food; clothes; summer heat relief; men’s and women’s shelter; substance abuse programs; life-skills classes; veteran’s programs

Hours: Shelter: open 24 hours a day, 7 days a week; Shelter Intake hours: Daily 4:00 pm – 7:00 pm; Social Service office hours: Mon – Fri 8:00 am – 4:00 pm; Food Pantry hours: Mon – Fri 1:00 pm – 3:30 pm (or until all slots are filled)

Clients Must Bring: Picture ID for all household members; proof of all household income; proof of address (mortgage or lease agreement only)

Eligibility Requirements: Clothing is only given to victims of domestic violence, fire, flood, or individuals who have been released from incarceration within the last 30 days. Services all of Dallas County excluding Garland and Irving residents (see Garland Salvation Army and Irving Salvation Army for assistance). Substance Abuse Program accepts court ordered referrals only

Application Process: Walk-in
Limits:
☐ Clients may receive food once every month
☐ Clients may receive financial assistance once every 12 months
☐ Call for information regarding shelter limitations

SALVATION ARMY—GARLAND
451 W. Ave. D, Garland, TX 75040

Services Offered: Food; rent and utilities assistance; legal clinic; after school program; Angel Tree at Christmas

Hours: Mon, Tue, Wed, Fri 9:00 am – 4:00 pm (closed for lunch; no interviews on Tuesday)

Eligibility Requirements:
☐ Garland resident to receive food or be in zip codes 75040, 75041, 75042, 75043, 75044, 75046, 75047, 75048, 75049, 75088, 75089
☐ Client must be a resident of the City of Garland for rent. Some services are available to zip codes listed above.

Clients Must Bring: Picture ID and SS cards for self and all in household; proof of income; copy of electric bill; lease

Application Process: Walk-ins
Limits:
☐ Clients may receive food once every 3 months
☐ Clients may receive financial assistance every 12 months
Utility assistance for TXU & Garland Power & Light only
Cooling shelter available during triple digit temperatures

SALVATION ARMY—IRVING
250 E. Grauwyler Rd., Irving, TX 75061
T. 972.438.6553
F. 972.554.8123
Mailing: PO Box 154426, Irving, TX 75015-4426

Services Offered: Food; rent and utility assistance; child development center; community center; ESL classes, summer heat relief; after-school programs

Hours: General Hours: Mon – Fri 9:00 am – 12:00 pm, 1:00 pm – 4:00 pm; Emergency financial by appointment
Eligibility Requirements: Must reside in Irving
Clients Must Bring: Picture ID for adults; BCs or SS cards for minors; lease agreement
Application Process: Appointment necessary
Limits:
- Clients may receive food once every 30 days
- Clients may receive financial assistance once a year

SALVATION ARMY—LEWISVILLE
207 Elm St., Lewisville, TX 75057
T. 972.353.9400
F. 972.353.2386

Services Offered: Food; assistance with SNAP/Medicaid/TANF Applications; clothing by appointment; employment services; shower facility for homeless

Hours: Food: Mon – Thurs 9:00 am – 4:00 pm and Fri 9:00 am – 12:00 pm; FREE lunch is served Mon – Fri 12:00 pm – 1:00 pm
Eligibility Requirements: Call for information
Clients Must Bring: Driver’s license; SS card; Matricula card; proof of age; proof of residence
Application Process: Appointment needed for utilities assistance, rent and first time for food
Limits:
- Clients may receive food every 30 days

SALVATION ARMY—PLANO SERVICE CENTER
3528 E. 14th St., Plano, TX 75074
T. 972.423.8254
F. 972.509.5319

Services Offered: Food; limited rent and utilities assistance on an emergency basis; counseling services

Hours: General Hours: Mon – Fri 9:00 am – 4:00 pm; Food Pantry: Mon, Wed, Thur 10:00 am – 2:00 pm; Rent assistance: 1st Tues of every month
Eligibility Requirements: Client must live in Southern Collin County
Clients Must Bring: Clients seeking help with food: ID for self, SS cards and/or BCs for all in household; clients seeking financial assistance: ID for self, SS cards and/or BCs for all in household, proof of income, lease agreement, late notice, documentation of emergency situation
**Application Process:** Walk-ins taken for food pantry; appointments needed for financial assistance

**Limits:**
- Clients may receive food assistance once every 30 days
- Clients may receive financial assistance once a year

**SALVATION ARMY OAK CLIFF**
1617 West Jefferson Blvd, Dallas, TX 75208  
T. 214.941.5911  
F. 214.941.9146

**Services Offered:** Food; senior program; after school program; summer day camp

**Hours:** Mon-Fri 9:00 am – 6:00 pm (12:00 pm – 1:00 pm closed for lunch)

**Eligibility Requirements:** Call for appointment

**Clients Must Bring:** Valid picture ID

**Application Process:** Appointment only

**Limits:** Clients may receive food every 3 months

**THE SAMARITAN INN**
1710 N. McDonald, McKinney, TX 75071  
T. 972.542.5302  
Admin # 972.632.1290  
F. 972.569.9988

**Services Offered:** Short term program of self-sufficiency (helps clients move out of the shelter once securing both income and housing when enrolled in program) for men, women, and families; thrift store

**Hours:** Intake hours: Sun – Sat 11:00 am – 2:00 pm; Office hours: Mon – Fri 8:00 am – 5:00 pm

**Eligibility Requirements:** No active drug use; client cannot have a violent criminal history; client must be able to search for and maintain employment

**Clients Must Bring:** Government-issued picture ID card, SS card

**Application Process:** Walk-in or referral; clients may also call ahead

**Language Options:** Spanish speakers available

**Limits:** Maximum time in shelter is determined on an individual basis but the average is 90 days

**Website:** www.thesamaritaninn.org

**Email:** info@thesamaritaninn.org

**SENIOR SOURCE**
3910 Harry Hines Blvd., Dallas, TX 75219  
T. 214.823.5700  
F. 214.826.2441

**Services Offered:** Utility financial assistance (TXU and Atmos only)

**Hours:** Mon-Fri 8:00-5:00

**Eligibility Requirements:** Must be over 60 years of age.

**Application Process:** Contact the Elder Support Program Director to complete an intake.

**Clients Must Bring:** Photo ID and proof of income

**Website:** www.theseniorsource.org
**SHARED HOUSING CENTER**  
402 N. Good Latimer, Dallas, TX 75204  
T. 214.821.8510  
F. 214.828.1499

**Services Offered:** Transitional housing for older adults and homeless single parent families; Homeshare program; counseling  
**Hours:** Office Hours: Mon – Thu 9:00 am – 5:00 pm; Applications: Mon – Thu 9:00 am – 4:00 pm  
**Eligibility Requirements:** Homeshare program for those over 21; for transitional housing: women must be at least 21, no felonies, no pregnant women, single parent families can have no more than 3 children, and children cannot be older than 10; serves all of Dallas County  
**Clients Must Bring:** Clients should call to be told what to bring (generally bring photo ID and social security number)  
**Application Process:** Clients should call for an interview  
**Limits:**  
- Individuals/families can stay in transitional housing program for one year  
**Website:** www.sharedhousing.org  
**Email:** info@sharedhousing.org

**SHARING LIFE COMMUNITY**  
3544 E. Emporium Circle, Mesquite, TX 75150  
T. 972.285.5819  
F. 972.285.0329

**Services Offered:** Food; clothes; utilities (TXU only), medical aid supplies; financial literacy programs; computer training; job skills readiness; Outreach programs: school supplies, education and health fairs, Thanksgiving Basket Distribution, Holiday Fair; senior commodity distribution  
**Hours:** Walk-in: Tue – Thu 9:00 am – 3:00 pm, Thu 6:00 pm – 8:00 pm; Friday senior citizens only 9:00 am – 3:00 pm, food assistance by appointment Mon 9:00 am – 11:00 am; Sat 9:00 am – 12:00 pm  
**Eligibility Requirements:** 75043, 75126, 75149, 75150, 75159, 75180, 75182, 75217, 75218, 75227, 75228, 75253  
**Clients Must Bring:** Picture ID; proof of address; proof of income  
**Application Process:** Walk-in on Tue – Thu during designated hours; appointments Mon; Fri – Senior citizens only 9:00 am – 3:00 pm  
**Limits:**  
- Clients may receive food once a month  
- Other services are usually determined on case by case basis  
**Website:** www.sharinglifeoutreach.org  
**Email:** sharinglife@aol.org

**THE STEWPOT OF FIRST PRESBYTERIAN CHURCH**  
1822 Young St., Dallas, TX 75201  
T. 214.746.2785  
F. 214.746.2791

**Services Offered:** Casework assistance; peer monitoring; clothing; mail services; identification cards; assistance with state identification, birth certificates and other vital records; dental clinic; AA/NA
Meetings weekdays 10:30 am; personal grooming needs; eye and medical clinics: Representative Payee Services; children, youth & family programs

**Hours:** Appointments are made at the front desk Mon- Fri at 8:00 am and 1:00 pm for same day appointments; Closed each day 12:00 pm – 1:00 pm

**Application Process:** Appointments for assistance are made in person on a first come basis

**Website:** www.thestewpot.org

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**THE TURN•AROUND AGENDA (TTA)**

Outreach Center: 7125 S Polk Street Ste 1 Dallas, TX 75232

Family Services: 7140 Library Lane Dallas, TX 75232

- T. 972-228-0872
- F. 972-228-1110
- T. 469-567-1793
- F. 972-224-0090

**Services Offered:** Must be enrolled in program to receive food; clothes; rent and utilities (electric, gas, water) assistance; Housing referral and Transitional Housing; Pregnancy Test, Sonograms, STD/STI Screening Treatment, HIV screening, Medical/Parenting/Budgeting/Life Skill Classes (men, women, couples); job assistance, counseling; ESL/Adult Literacy/Microsoft Certification/Computer classes; GED prep and testing, authorized Certiport Center offering certifications in Microsoft®, Adobe®, Internet and Computing Core Certification® (IC3), Intuit QuickBooks and CompTia Strata.

Approved testing site for Pearson VUE, School based mentoring and programs in Dallas (Carter & Kimball), Duncanville, Lancaster school clusters, Athletic and summer program - Basketball League, and Summer Program, and Volunteer Intern Program (VIP)

**Hours:** Outreach Center: Mon-Fri 9AM -7PM; Family Services: Mon & Wed 10AM -6PM Tues & Thurs 10AM -8PM Fri 10AM – 1PM

**Eligibility Requirements:** Most programs are not zip code specific, but have different criteria (call or go online for specific details);

Financial Assistance is limited to parents of kids in our partnering schools

Food pantry limited to 75134, 75216, 75224, 75232, 75241

Our pregnancy services, Resale store, Technology and Career Services are open to the public.

**Clients Must Bring:** Picture ID and SS cards for all in household; BCs for children not born in US; proof of address; proof of income; phone number of employer; receipts of recent expenses; utility bills; late notice from landlord

**Application Process:** Walk-in and Appointments

**Limits:**
- Limits vary based on the service. Please call or visit our website
- Clients may receive food 3 times in a three-month period and recertify to extend
- Clients may receive clothing once in a 12-month period
- Clients may receive financial assistance once in a 12-month period

**Website:** http://www.turnaroundagenda.org

**Email:** See website for appropriate point of contact

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**UNION GOSPEL MISSION (Men)**

3211 Irving Blvd., Dallas, TX 75247

- T. 214.637.6117
- F. 214.634.8340
Services Offered: Shelter for homeless men which provides food; clothes; medical care; discipleship/rehabilitation; education and computer training; GED preparation; work experience; Bible studies; chapel services; transitional housing

Hours: Shelter: 24/7; Intake: Mon-Sun 4:30 pm – 6:45 pm; Clothes: Tue, Thu, Sat 5:00 am & 6:00 pm

Eligibility Requirements: Homeless men

Clients Must Bring: SS card or some form of picture ID

Application Process: Clients should walk-in to intake office at 1818 Corsicana (The Bridge)

Website: www.ugmdallas.org

UNION GOSPEL MISSION CENTER OF HOPE (Women)
4815 Cass St., Dallas, TX 75235

Services Offered: Shelter for homeless women and their children providing food, clothes, access to primary medical care and tuberculosis screening; chapel services; Bible study; Discipleship Program, includes: parenting skills, job skills, Christian living, Bible study, literacy and GED training, computer education, academic training, counseling, mentoring; Child Development Center

Hours: Mon – Fri 9:30 am – 12:00 pm, 1:00 pm – 4:00 pm; Sat & Sun 10:00 am – 2:00 pm

Eligibility Requirements: Homeless women or homeless women and their children

Clients Must Bring: All individuals must have a valid, government-issued photo ID and a social security card; women bringing children must provide proof of legal guardianship of their children. They must have a birth certificate and social security card for each child.

Application Process: Walk-in

Language Options: Currently do not have Spanish speakers available

Limits: Clients may stay in the shelter for a maximum of 90 days; no one under the influence of drugs and/or alcohol; no women who have been involved with domestic violence; individuals must bring prescribed medication for mental health that they have been taking for at least two weeks consecutively; no boys over the age of 14.

Website: www.ugmdallas.org

URBAN INTER-TRIBAL CENTER OF TEXAS
1283 Record Crossing Rd., Dallas, TX 75235

Services Offered: Job counseling services; medical clinic; dental clinic; mental health and substance abuse counselor

Hours: Medical Clinic: Mon - Thu 8:00 am – 5:00 pm; Fri 8:00 am – 12:00 pm; Dental Clinic: Wed – Fri 8:00 am – 5:00 pm; Mental Health counselor—appointments only

Eligibility Requirements: Clients must be Native American and must provide a Certificate of Degree of Indian Blood to receive assistance

Clients Must Bring: Picture ID for self; SS cards for all members of household

Application Process: Same-day appointments

Website: www.uitct.com

Email: Celina.ludlow@uitct.com
Services Offered: Limited to those enrolled in the program: emotional and spiritual care; crisis intervention/crisis counseling to victims of crime; financial assistance with rent, utilities; minor emergency home repairs for senior citizen crime victims (caused by crime, must own home and not have insurance); furniture distribution; limited moving services for domestic crime victims; grief support group for survivors of homicide victims.

Hours: Mon – Fri 9:00 a.m. – 4:00 p.m. (by appointment)

Eligibility Requirements:
- Client must be referred by police or another agency
- Client must attend an in-person interview
- Client must be victim of violent crime

Client Must Bring: Valid identification; police report number (if necessary)

Application Process: Clients must make an appointment

Limits: Clients are reviewed on a case by case basis

Email: info@victimrelief.org
Website: www.victimrelief.org

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VICTORY MEADOW NEIGHBORHOOD ALLIANCE FOOD PANTRY
8448 Walnut Hill Ln., Dallas, TX 75231

Services Offered: Food; clothes

Hours: Wed: 1:00pm-4:00pm, Thu: 9:00am-12:00pm, Sat: 9:00am-12:00pm

Eligibility Requirements: Food is provided for qualified residents of the following North Dallas and Carrollton zip codes: 75209, 75220, 75225, 75229, 75230, 75231, 75234, 75238, 75240, 75243, 75244, 75248, 75252, 75254, 75287, 75001, 75006, 75007, 75010, 75011

Clients Must Bring: Picture ID for self and ID for everyone in household (can be birth certificate); proof of income; proof of residency

Application Process: Walk-in

Limits:
- Clients may receive help with clothing every 6 months
- Help with food will vary for each client

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VOICE OF HOPE
4120 Gentry Dr., Dallas, TX 75212

Services Offered: Food; clothes; after school program; summer children’s program; senior Bible study Thursday mornings with lunch provided

Hours: Appointments given from Mon through Fri for food and clothes

Eligibility Requirements: 75212

Clients Must Bring: Call for appointment

Application Process: Appointments required for food pantry
**WEST DALLAS MULTIPURPOSE CENTER**
2828 Fish Trap Rd., Dallas, TX 75212
T. 214.670.6341
F. 214.670.6358

**Social Services Program:** T. 214-670-6530

**Services Offered:** Food; rent and utilities assistance; counseling and referral services; educational programs (computer technology program, GED); Thanksgiving baskets; Christmas toys

**Hours:** For appointments, call Mon or Wed 9:00 am

**Eligibility Requirements:** Clients must live in the City of Dallas for rent & utility assistance

**Clients Must Bring:** Govt. issued ID; SS cards for all in household; proof of income; bill for which assistance is needed; proof of emergency need (eviction or termination notice); lease agreement; receipts for other expenses

**Application Process:** Client must call in advance to make appointment; the appointment line opens at 9:00 am; appointments take place on Mon and Wed. Appointments are scheduled 2 days out.

**Limits:** Utility assistance available for TXU only

**Website:** www.dallascityhall.com

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**WHITE ROCK CENTER OF HOPE**
10021 Garland Rd., Suite A, Dallas, TX 75218
Mailing: PO Box 180358, Dallas, TX 75218

**T. 214.324.8996**
**F. 214.328.2948**

**Services Offered:** Food; clothes; rent and utilities assistance; transportation assistance

**Hours:** Mon – Fri 9:00 am – 2:00 pm (last appointment at 1:00 pm); Sat 9:00 am – 12:00 pm; 2nd & 3rd Thu 6:30 pm – 8:30 pm

**Eligibility Requirements:** 75218, 75223, 75228, 75238, 75214; Sec 8 or subsidized housing may only receive food and/or clothing

**Clients Must Bring:** For food and clothing: Picture ID, SS cards for self and all in household; For rental assistance: all the above plus apartment eviction notice

**Application Process:** Appointments preferred; walk-ins taken

**Limits:**
- Clients may receive financial assistance once every 12 months
- Clients may receive clothes 4 times per year
- Clients may receive food once a month

**Website:** www.whiterockcenterofhope.org
**Email:** ted.beechler@whiterockcenterofhope.org

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**WILKINSON CENTER**
3402 N. Buckner Blvd., Ste. 302, Dallas, TX 75228

**T. 214.821.6380 x200**
**F. 214.827.1972**
Services Offered: Food assistance; Rapid-Rehousing; Adult Ed services (career development and job search, ESL classes, GED prep classes); Financial Coaching

Hours: Food Pantry: Mon, Wed, Thur 9:00 am - 12:00 pm, Tue 1:00 pm - 4:00 pm;
Family Education Center: Mon - Thurs 9:00 am - 1:30 pm

Eligibility Requirements: 75204, 75206, 75214, 75217, 75223, 75226, 75227, 75228, 75246 for food pantry; no zip code requirements for adult education classes; must live in Dallas County and be enrolled in Rapid-Rehousing program for financial assistance

Clients Must Bring: 2 forms of ID for self (picture ID and SS card); SS and/or picture ID for all in household; current proof of address

Application Process: Walk-in

Limits: Clients may receive food once a month

Information: info@wilkinsoncenter.org

Website: www.thewilkinsoncenter.org